

CONCURRENT SESSIONS 1 – MARCH 26

Breakout 1 First Generation Initiatives on Campus

Presenter Name: Jennifer Hernandez-Reyes and Kenia Maldonado 10:45AM-11:30AM
Organization: OSU-OKC SSS-Project SOAR Room C
Target Audience: Student Support Services

This workshop is designed to support programs aiming to facilitate the transition to college for first-generation students. Tailored events concentrating on the unique needs of first-generation students will foster familiarity with the college environment and assist in navigating the challenges of college life. Presenters will address frequently asked questions about establishing first-generation initiatives, providing valuable insights and guidance.

Breakout 1 ACT vs the Digital SAT: Which is Best for your Students

Presenter Name Yuval Trachtenberg 10:45AM-11:30AM
Organization Academic Tutoring & Test Prep Room D
Target Audience: Talent Search, Upward Bound, Upward Bound Math/Science, Educational Opportunity Center

Standardized test scores still matter. Although colleges and media are telling our students that test scores are optional, they are leaving out the most important information – a decent test score and a decent GPA means lots of scholarship dollars for our students. Come learn the difference between the ACT and the new Digital SAT. You will learn the different strategies each test requires as well as which test is best for your students. Let's get your students the most scholarship dollars possible!

Breakout 1 Universal FAFSA

Presenter Name: Kelli Kelnar & Theresa Shaklee 10:45AM-11:30AM
Organization: Oklahoma College Assistance Program Room E
Target Audience: All TRIO Programs

Beginning with the 2024-25 school year, students must submit the FAFSA to graduate from an Oklahoma public high school. Join us to learn about the requirement, why it's important, and what it means for you and your students. This session will also introduce you to the Oklahoma FAFSA Data Portal, an online platform where your schools can see FAFSA progress for their seniors in one place. In addition to the law and tracking resources, we'll share Oklahoma's long list of free resources to support your FAFSA completion efforts.

Breakout 1 Teamwork- How TRIO & GEAR UP Work Together

Presenter Name: Sarah Adcock 10:45AM-11:30AM
Organization: Oklahoma GEAR UP- Rogers State University/OSRHE O'Donoghue
Target Audience: All TRIO Programs

This presentation will discuss ways GEAR UP successfully works alongside TRIO grants on the high school and college level.

Breakout 1 Talent Search- Beyond Monthly Meetings

Presenter Name: Audra Conner & Becky Scott

10:45AM-11:30AM

Organization: Talent Search - American Indian Resource Center, Inc.

Gaylord

Target Audience: Talent Search, Upward Bound, Upward Bound Math/Science

Monthly or weekly meetings are great, but what are you providing your students outside of those meetings? Join us as we share some of the activities/trips/experiences we have been providing our TS students during the summer, fall breaks, and spring breaks. Whether you are a seasoned TRIO professional or a "newbie", we're sure you'll find something to add to your curriculum that will help you boost participation and student retention.

CONCURRENT SESSIONS 2

Breakout 2 The Secret to Building Unshakeable Confidence (and how to teach your students)

Presenter Name: Bill Sue Smith

1:15 PM-2PM

Organization: Paradigm Shift Leadership

Room C

Target Audience: All TRIO Programs

What is the secret to building true confidence and how does it help in life to have it? In this fun, engaging, interactive workshop we'll discuss some myths and truths surrounding confidence and the action (confidence is action, not a feeling) you and your students can take to achieve it.

Breakout 2 Show Me The Money! Facilitating Financial Literacy Workshops Your Students Will Never Forget

Presenter Name: MJ Pittman

1:15 PM-2PM

Organization: Simple Money Academy

Room D

Target Audience: All TRIO Programs

All Attendees get a VISA gift card! Learn the secret strategies to hosting impactful financial literacy workshops for students. With experience from 70+ TRIO programs, Michael offers his expertise to help you transform your view on finance and empower your students for success! Come ready to have a FUN time!

Breakout 2 Paying for Post-High School Education Playbook: 6 Essential Rules

Presenter Name: Susan Faulk & Sara Lorenzen
Organization: Oklahoma Money Matters/OKMM
Target Audience: All TRIO Programs

1:15 PM-2PM
Room E

One of the biggest challenges facing underserved students is paying for college. Early financial planning and communication are critical to success. The good news is that getting a degree is still worth it and can boost earning potential and career prospects. But how do students find the right path, especially if they have unique challenges or needs? In this session, we'll share six rules that can help families plan and pay for college, whether it's a student with a disability, an athlete, a foster care or homeless youth, or anyone else who wants to pursue their dreams. Join us and learn how to make college affordable and achievable - and leave with valuable resources and strategies.

Breakout 2 Using Cultural Wealth to Increase Family Engagement

Presenter Name: Dr. Teri Mora
Organization: Community Engagement Specialist/Educational Consultant
Target Audience: Talent Search, Upward Bound, Upward Bound Math/Science, All TRIO Programs

1:15 PM-2PM
O'Donoghue

A presentation of Yosso's community cultural wealth model, which places emphasis on cultural knowledge, skills, and abilities of students as they navigate the educational process. This model challenges the traditional deficit-based approach and instead offers an asset-based model to accentuate the strengths of underserved students and their families. Participants will learn the different types of capital and discuss how to utilize cultural wealth to better engage students and parents in their educational settings.

Breakout 2 AI & Tech Innovations: Shaping Financial Wellness in Higher Education

Presenter Name: Bill Mills
Organization: My True Prosperity
Target Audience: All TRIO Programs

1:15 PM-2PM
Gaylord

This workshop explores the integration of AI and technology into higher education's financial literacy programs. Participants will learn to enhance curriculum development, personalize student learning experiences, and analyze financial behaviors with digital tools. Through case studies, demonstrations, and expert discussions, we'll navigate the ethical use of technology, aiming to equip educators with the skills for fostering financial wellness among students, ensuring responsible, inclusive educational practices in the digital age.

Breakout 2 Brain Friendly Higher Education Organizations – Safe Space for Learners

Presenter Name: Dr. Ed Cunliff
Organization: UCO, Adult Education & Safety Science
Target Audience: All TRIO Programs

1:15 PM-2PM
C.A. Vose

Excitement and fear can fill a learner's brain from the first moment. This session looks at MBHE (mind brain health education) approaches to creating a learner friendly climate. MBHE research and practice have evolved greatly in the past 30 years. Learners may experience what is called "the amygdala hijack" that inhibits learning. This session offers a set of strategies used to help students feel safe and at ease in new learning environments. These approaches are employed by staff and faculty to 1) consider their role in creating organizational climate, 2) options for creating a positive and safe environment, and 3) to help them create their own brain friendly strategies to reduce the amygdala hijack.

CONCURRENT SESSIONS 3

Breakout 3 Show Me The Money! Facilitating Financial Literacy Workshops Your Students Will Never Forget

Presenter Name: MJ Pittman
Organization: Simple Money Academy
Target Audience: All TRIO Programs

2:15-3:00PM
Room C

All Attendees get a VISA gift card! Learn the secret strategies to hosting impactful financial literacy workshops for students. With experience from 70+ TRIO programs, Michael offers his expertise to help you transform your view on finance and empower your students for success! Come ready to have a FUN time!

Breakout 3 The Game of Life: Topics that are GUARANTEED to Maximize Student Participation & Engagement

Presenter Name: Yuval Trachtenberg
Organization: Academic Tutoring & Test Prep
Target Audience: All TRIO Programs

2:15 PM-3PM
Room D

Student engagement rates in TRiO programs as well as in classrooms across the U.S. can be a struggle. Regardless of the reason(s), our students are missing out on services that will have a positive impact on their future. This session will show you how to achieve nearly 100% student engagement and ensure that students are prepared for success when it comes to the Game of Life! Attendees will learn how to motivate their students, master the correct study habits, conquer standardized tests, successfully navigate college, attain their dream job, and build generational wealth. Please join us for an engaging session!

Breakout 3

Teachable Moments: Activities that Make Learning Finance Fun

Presenter Name: Sara M. Lorenzen, M.Ed., CFEI® & Susan Faulk, M.Ed.

2:15 PM-3PM

Organization: Oklahoma Money Matters, OKMM

Room E

Target Audience: All TRIO Programs

Discover practical strategies and hands-on exercises that foster financial literacy among learners of all ages. This session will equip you with resources to make economic concepts accessible and engaging in educational settings.

Breakout 3 Engaging Your Students: SSS Workshops that Encourage Participation

Presenter Name: Jade Vann, Lena Deere, Michaella Stewart

2:15 PM-3PM

Organization: Northeastern State University SSS Program

O'Donoghue

Target Audience: Educational Opportunity Center, Student Support Services, Disabled Student Support Services

This workshop will give the chance for other programs like ours to learn about what activities we have been able to do in our program that have successfully engaged our students. From grocery bingo, to painting, find ways that your grant allows you to pull in student participation and allow the students to have fun doing so. There will be time for Q&A on these workshops that have been completed as well as an open discussion on workshops that the attendees have been successful with.

Breakout 3 Put on Your Life Jacket & Grab Your Life Preserver

Presenter Name: Diane M. Walker & Liz Cotrill

2:15 PM-3PM

Organization: Walker Education & Leadership Services, LLC

Plenary Room

Target Audience: All TRIO Programs

Every time we outfit a new TRIO staff member with a life jacket & life preserver, we have to make sure it's the right fit & includes the right stuff. In order for staff to earn the title of "Captain", this jacket & preserver are how we are going to strengthen our relationships with students, parents & school staff, earn respect, become the "go-to" person for all things college and be a household name. Join Liz & Diane for a lifesaving session to help you have smooth sailing & cruise through this life we call TRIO!

Breakout 3 Embedding Virtues and Ethics in Financial Capability Education: A Transformative Approach

Presenter Name: Bill Mills
Organization: My True Prosperity
Target Audience: All TRIO Programs

2:15-3:00PM
C.A. Vose

In our groundbreaking session, "Embedding Virtues and Ethics in Financial Capability Education," we propose a transformative approach to financial wellness education in higher education. By integrating Benjamin Franklin's virtues and ethical principles, we aim to cultivate financial responsibility and integrity among students. Through interactive discussions, real-life case studies, and practical strategies, participants will learn to develop financial wellness programs that not only enhance financial literacy but also instill a strong moral compass.

CONCURRENT SESSIONS 4

Breakout 4 Unveiling the Legacy of Walter O. Mason Jr

Presenter Name: Ro Ro (Rosario Riley), T-Rex (Teriki Barnes), Prez Smoke (Audra Connor), Mizz Johnson (Lisa Johnson), Captain Kirk (Kirk Rushing) & Mama Walker (Diane Walker)

Organization: Walter O. Mason Board

3:30-4:15PM

Target Audience: All TRIO Programs

Room C

This workshop will explore the ongoing relevance of Walter O. Mason Jr.'s legacy in today's educational landscape, highlighting the enduring importance of his values and principles. Participants will leave with a deeper understanding of Walter O. Mason Jr's contributions and a renewed sense of purpose in advancing the foundation's mission of fostering education, diversity and community empowerment.

Breakout 4 TRIO Staff as Leadership Educators

Presenter Name: Elizabeth Hansen

3:30-4:15PM

Organization: Cameron University Student Support Services

Room D

Target Audience: All TRIO Programs

In this session you will experience a Values exercise, followed by structured reflective dialogue. All materials and instructions are provided to attendees so they can use this activity on their own campuses. The purpose is twofold – first, it can be a personal/professional growth opportunity to have some time reflecting on values that the individual holds important. Second, this workshop will model some ways to engage an audience in an interactive manor, and will introduce some concepts from Leadership Trainer – Leadership Trainer is a non-profit organization that helps individuals in training roles strengthen their skills. This technique has really increased student involvement and excitement around workshops!

Breakout 4 Workshop to Go: Meal Planning on a Budget

Presenter Name: Alyssa Wiskofske

3:30-4:15PM

Organization: Tulsa Community College- Student Support Services

Room E

Target Audience: All TRIO Programs

Looking for an interactive financial/economic literacy workshop your program staff can facilitate in an hour virtually and in person? Join us for a sample workshop: Meal Planning on a Budget. “\$35 = 21 meals and 14 snacks (plus tea and lemonade!). We have the recipes, shopping lists, and menus – bring your appetite for learning!” Attendees will be provided with the handouts, presentation, and information to implement the workshop for both virtual and in-person attendees!

Breakout 4 Empower, Engage, Educate: On Your Feet Tools for Empowering Yourself to Empower Your Students

Presenter Name: Angela Vivar

3:30-4:15PM

Organization: CoolSpeak Youth Engagement Company

O'Donoghue

Target Audience: All TRIO Programs

This on your feet workshop will empower participants to reach for the skills and joy that THEY innately bring. “Who you are is who we need.” Participants own gifts will be brought to the forefront as they are trained and empowered to facilitate groups and one on one dialogue with students and colleagues, and in all places where they must to take up space to advocate for themselves and for those they serve.

Breakout 4 Put Your Head Into It: Brain Science Strategies for Student Engagement

Presenter Name: Aimee Gutowski & Whitney Srsen

3:30-4:15PM

Organization: DreamCatcher Curriculum

Plenary Room

Target Audience: All TRIO Programs

To better engage participants, you gotta put your head into it! Integrating brain science activities into curriculum and workshops can have a dynamic impact on engagement, deeper learning, and overall success. This interactive session covers brain-centered, innovative strategies for mindful student instruction, utilizing engagement techniques discovered through neurological research. Discover best practices for incorporating neuroscience into your workshops. Attendees walk away with brain-friendly strategies for boosting engagement and activities ready to present to students.