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OKLAHOMA DIVISION OF STUDENT ASSISTANCE 2021–2022 OKLAHOMA PROGRAMS FACT BOOKLET



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Acknowledgements

The Oklahoma Division of Student Assistance (ODSA) TRIO Booklet Committee is pleased to present the 2021-2022 edition of the Oklahoma TRIO Fact booklet. The goal of this publication is to increase awareness of the TRIO programs and provide insight into their purpose. Many use this booklet as a means of informing individuals of the various efforts of TRIO programs and their effects on education within the state of Oklahoma.

We thank everyone who responded to the call for nominations for the Hall of Fame section. For those of us who work in TRIO, we know of the many success stories our participants have to share, both past and present. The Hall of Fame section represents ODSA's effort to recognize those students for their academic and personal achievements.

Last, but not least, we would like to thank those who work to ensure the accuracy of the information published in this booklet by providing data and information via the internet:

Oklahoma Division of Student Assistance: odsa.wildapricot.org

Council for Opportunity in Education: www.coenet.us

U.S. Department of Education: www.ed.gov

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History & Purpose of TRIO Programs

Initiated in response to President Lyndon Johnson's War on Poverty, TRIO programs began with the Economic Opportunity Act of 1964 which created the *Upward Bound* program. One year later the Higher Education Act of 1965 produced the *Talent Search* program. The Higher Education Amendments of 1968 transferred Upward Bound into the Higher Education Act and authorized *Student Support Services*, the third in a series of federal educational opportunity programs that would be known as "TRIO."

In the following decades, the TRIO programs expanded and improved, providing a wider range of services to participants and reaching more students who would need assistance. The Higher Education Amendments of 1972 added the fourth program to TRIO through implementation of the *Educational Opportunity Centers*. In the summer of that same year, *Veterans Upward Bound* was established by Congress as part of a special appropriation. The 1976 Education Amendments authorized the Training Program for Federal TRIO Programs.

New revisions in 1986 helped to create TRIO's sixth program, the *Ronald E. McNair Post-Baccalaureate Achievement* program. Four years later, in 1990, the *Upward Bound Math Science* program was formed. In 1998, further Higher Education Amendments authorized the TRIO Dissemination Partnership Program, designed to encourage the replication of successful practices of TRIO programs.

The primary purpose of the TRIO Programs is to identify qualified individuals from disadvantaged backgrounds, to prepare them for a program of post-secondary education, to provide support services for such students who are pursuing programs of post-secondary education, to motivate and prepare students for doctoral programs, and to train individuals serving or preparing for service in programs and projects so designed. Depending upon the specific program and its authority, there are a number of different permissible and/or required services offered to eligible participants.

- Academic advice and assistance
- Assistance in completing college admission and financial aid applications
- Assistance in preparing for college entrance examinations
- Guidance and assistance in secondary school re-entry
- Personal and career counseling
- Tutorial services
- Exposure to college campuses, as well as cultural events, academic programs, and other sites or activities
- Workshops and mentoring programs
- Instruction in reading, writing, study skills, mathematics through pre-calculus, laboratory science, foreign language, composition, literature, and other subjects
- Special services to enable veterans to make the transition to post-secondary education
- Activities designed to assist students in 2-year institutions secure admission and financial assistance for enrollment in a four-year institution
- Opportunities for research or other scholarly activities designed to provide students with effective preparation for doctoral study

PROGRAM & AUTHORIZING LEGISLATION	PROGRAM DESCRIPTION
UPWARD BOUND Economic Opportunity Act of 1964 [P.L. 88-452]	Upward Bound provides fundamental support to participants in their preparation for college entrance. The program provides opportunities for participants to succeed in their precollege perfor-mance and ultimately in their higher education pursuits. Upward Bound serves high school students from low-income families and from families in which neither parent holds a bachelor's degree. The goal of Upward Bound is to increase the rate at which participants complete secondary education and enroll in and graduate from institutions of post-secondary education.
TALENT SEARCH Higher Education Act of 1965 [P.L. 89-320]	The Talent Search program identifies and assists individuals from disadvantaged backgrounds who have the potential to succeed in higher education. Talent Search provides academic, career, and financial counseling to its participants and encourages them to graduate from high school and continue on to and complete their post-secondary education. Talent Search programs publicize the availability of financial aid and assist participants with the post-secondary application process. The program also encourages persons who have not complete deducation programs at the secondary or post-secondary level to enter or reenter and complete post-secondary education. The goal of Talent Search is to increase the number of youth from disadvantaged backgrounds who complete high school and enroll in and complete their post-secondary education.
STUDENT SUPPORT SERVICES Higher Education Amendments of 1968 [P.L. 90-575]	Through a grant competition, funds are awarded to institutions of higher education to provide opportunities for academic development, assist students with basic college requirements, and motivate students toward the successful completion of their post-secondary education. Student Support Services (SSS) projects also may provide grant aid to current SSS participants who are receiving Federal Pell Grants (# 84.063). The goal of SSS is to increase the college retention and graduation rates of its participants.
VETERANS UPWARD BOUND Second Supplemental Appropriations Act of 1972 [P.L. 92-306]	Veterans Upward Bound is designed to motivate and assist veterans in the development of academic and other requisite skills necessary for acceptance and success in a program of post-secondary education. The program provides assessment and enhancement of basic skills through counseling, mentoring, tutoring and academic instruction in the core subject areas. The primary goal of the program is to increase the rate at which participants enroll in and complete post-secondary education programs.
EDUCATIONAL OPPORTUNITY CENTERS Higher Education Amendments of 1972 [P.L. 92-318]	The Educational Opportunity Centers program provides counseling and information on college admissions to qualified adults who want to enter or continue a program of post-secondary education. The program also provides services to improve the financial and economic literacy of participants. An important objective of the program is to counsel participants on financial aid options, including basic financial planning skills, and to assist in the application process. The goal of the EOC program is to increase the number of adult participants who enroll in post-secondary education institutions.
RONALD E. MCNAIR POST BACCALAUREATE ACHIEVEMENT PROGRAM Higher Education Amendments of 1986 [P.L. 99-498]	Through a grant competition, funds are awarded to institutions of higher education to prepare eligible participants for doctoral studies through involvement in research and other scholarly activities. Participants are from disadvantaged backgrounds and have demonstrated strong academic potential. Institutions work closely with participants as they complete their undergraduate requirements. Institutions encourage participants to enroll in graduate programs and then track their progress through to the successful completion of advanced degrees. The goal is to increase the attainment of Ph.D. degrees by students from underrepresented segments of society.
UPWARD BOUND MATH SCIENCE Higher Education Amendments of 1986 [P.L. 99-498]	The Upward Bound Math and Science program is designed to strengthen the math and science skills of participating students. The goal of the program is to help students recognize and develop their potential to excel in math and science and to encourage them to pursue post-secondary degrees in math and science, and ultimately careers in the math and science professions.

Professional Organizations

The TRIO programs have both state and regional professional organizations. These non-profit organizations provide their members the guidance and support needed to promote and guard the idea of educational opportunity for all TRIO eligible individuals. These associations assist the TRIO community in achieving its educational goals. The purpose of these organizations is to:

- Promote professional competency, efficiency, and to partner members and others associated with, and concerned about, student assistance programs
- Foster the development, improvement, and extension of educational opportunities for TRIO eligible persons
- Provide for improved communication between institutions and agencies sponsoring student assistance programs
- Foster a commitment to develop bold and innovative educational programs designed to provide opportunities for eligible participants to initiate, continue, or resume secondary and/or post-secondary education
- Promote and provide individual and cooperative studies, research, workshops, seminars, conferences, effective models, and related activities to fulfill the purposes of the association
- Develop, maintain, and disseminate data pertinent to resolving issues to all bona fide participants and officials of student assistance programs
- Participate in ethical efforts geared to guarantee all membership equal rights, privileges, and benefits

Oklahoma Division of Student Assistance (ODSA)

Oklahoma established its first TRIO programs in 1966, which is the year six Upward Bound programs opened their doors for their first summer component. Over the next four years, the program directors held informal meetings to discuss the challenges and issues they faced.

Walter O. Mason, often known as "The Father of TRIO," called for his fellow program directors to organize state-wide professional associations. Through his encouragement, a handful of program directors (including Mr. Mason) established the Oklahoma Division of Student Assistance in 1971, becoming one of the first states to have a professional organization for TRIO personnel.

Today, ODSA serves nearly 300 TRIO professionals within the state of Oklahoma and membership continues to grow. Through its annual conference, ODSA continues to promote, develop and improve the educational opportunities for eligible individuals in Oklahoma.

Southwest Association of Student Assistance Programs (SWASAP)

Under President Nixon's administration, the TRIO programs were decentralized and administered from 10 regional centers. These regional agencies were given full authority to fund, defund, and administer programs in their area. This environment created inconsistency in policy and priorities among TRIO programs.

In an effort to restructure their relationship with Washington officials, regional associations emerged. In 1972 the states of Texas, Oklahoma, Arizona, New Mexico, Louisiana and Arkansas formed the Southwest Association of Student Assistance Programs. Later on, the regional associations were realigned and SWASAP no longer includes the state of Arizona.

Currently serving over 130,000 participants, SWASAP encourages and supports members in their endeavor to serve the 4 national and regional needs of the targeted population by conducting an annual meeting of TRIO members from each participating state.

What are the Federal TRIO Programs?

Upward Bound	Educational Opportunity Centers
Talent Search	Ronald E. McNair Post-Baccalaureate Achievement
Student Support Services	Upward Bound Math Science
Veterans Upward Bound	Training Program for Federal TRIO Programs

TRIO offers seven educational outreach programs that are designed to motivate, support, and advocate for students from disadvantaged backgrounds. Many of the students that receive help through the TRIO programs may not otherwise have the opportunity for an education beyond high school. Training programs were also established to educate individuals and organizations regarding the objectives of TRIO. The programs provided by TRIO can be found in over 1,000 colleges, universities, and other agencies in America, and assist students in conquering not only economic difficulty, but class, social, and cultural barriers, as well.

The TRIO programs have had a major impact on education in America, with more than 2,800 programs currently serving nearly 790,000 low-income, first generation individuals. The TRIO programs are committed to providing an equal educational opportunity to all individuals and currently serve over 7,000 disabled students and approximately 6,000 military veterans. Participant's ethnic backgrounds vary with 35% Caucasian, 35% African-American, 19% Hispanic, 4% Native American, 3% Asian-American, and 4% listed as "Other," which includes multiracial students.

In many communities, the TRIO Programs are some of the only programs available that help students to overcome the class, social, academic and cultural barriers to higher education. The educational and human services offered through the TRIO Programs are distinguishable from all other counseling programs in America because TRIO Programs are:

One-on-One

As most TRIO Programs serve fewer than 250 students, TRIO counselors have an opportunity to work one-on-one with each student. TRIO professionals get to know each student on a first-name basis. TRIO counselors are personally committed to the success of their students.

Performance Based

Each TRIO Program operates against specific, measurable outcome objectives as clearly defined in each approved grant proposal. TRIO Program Directors are held accountable and must meet their stated objectives each year to remain funded and able to help participants in their targeted service area.

Focused on Early Intervention

Three of the TRIO Programs, Talent Search, Upward Bound, and Upward Bound Math Science are early intervention programs. These programs effectively reach students in grades 6th through 12th who have "college potential" but often do not recognize or understand their academic and career options beyond high school. Each year, these three programs keep thousands of promising young low-income and minority students in school and focused on career and college success.

Targeted Towards First Generation and Low-Income

Two-thirds of the students in the TRIO Programs come from families with incomes under 150% of the poverty level and where neither parent earned a baccalaureate degree. In most cases, parents who have no higher education experience, do not understand the post-secondary process, and do not necessarily value a higher education.

Built on Relationships

Over a period of several months or years, TRIO professionals build both personal and professional relationships with their students. Such positive relationships are critical to the success of every TRIO Program. The staff of each TRIO Program creates a climate of support for students as they strive to move out of poverty and dependence. As a result of these strong positive relationships, many TRIO college graduates periodically return to their programs to encourage and inspire current students.

Committed to Tough Cases

In most cases, students in the TRIO Programs are poor and are desperately trying to climb out of "the vicious cycle of poverty in America." Many students come to TRIO from neighborhoods that are filled with violence, discouragement, negativity and hopelessness. A single parent raising several children, an older child helping to raise younger siblings, a physically-disabled person with few financial resources, and a struggling high school student trying to escape a life of poverty describe the young people and adults who turn to the TRIO Programs for assistance.

Consistent and Intense

TRIO Programs and TRIO professionals are consistently available to their students. Many TRIO programs enable students to meet with counselors during the summer, in the evening or on weekends. In fact, some TRIO professionals, as part of their specified program objectives, visit students at home to discuss courses or career plans.

Comprehensive and Cultural

The academic and human services as administered through the TRIO Programs are comprehensive and must go far beyond the traditional services offered by high school or college counselors. Many students in the TRIO Programs receive instruction in literature, composition, foreign languages, mathematics and science. In addition, students receive assistance in completing college admission and financial aid applications, tutorial services, and exposure to cultural events.

Reality Based

Like their students, many TRIO professionals had to overcome class, social, academic and cultural barriers to succeed in higher education. As a result, they can effectively relate to their students and know how to motivate young people and adults in spite of the obstacles that often serve to discourage students from low-income families.

Community Based

Community need is determined by the community, not the federal government. TRIO Programs are funded based on clear evidence that the program is needed in a particular community or town. Criteria used in determining need in a specific area include income level, education attainment level, dropout rates, student-to-counselor ratio, social and economic conditions, and overall demographic data.

Non-Bureaucratic

TRIO Programs do not involve a large federal bureaucracy because they are direct grant programs funded in rank order on the basis of competitive proposals. In fact, TRIO Programs only exist where local organizations see the need for such services and have successfully applied for federal support. Despite substantial increases in the number of TRIO students and programs, fewer federal employees are working with TRIO today than 20 years ago.

National TRIO Funding

Totals FY 2021

TRIO Program	Funding FY 2021	Number of Projects	Number of Participants
Upward Bound	\$335,817,181.94	966	70,744
Talent Search	\$184,987,311	530	340,427
Student Support Services	\$363,222,465	1,149	207,699
Veterans Upward Bound	\$18,815,149	60	7,898
Educational Opportunity Centers	\$61,412,887	170	209,735
Ronald E. McNair Post-Baccalaureate Achievement Programs	\$49,824,230	187	5,242
Upward Bound Math Science	\$64,843,908	212	13,184
TRIO Training Programs for Federal TRIO Programs	\$2,824,292	10	2,368 (number of staff trained)
TOTAL	\$1,081,747,423.94	3,284	857,297

Total Funding	\$1,081,747,423.94
Total Number of Awards	
Total Number of Participants	

Oklahoma TRIO

Funding Totals FY 2021

TRIO Program	Funding FY 2021	Number of Projects	Number of Participants
Upward Bound	\$8,077,842	22	1,602
Talent Search	\$4,855,113	15	8,781
Student Support Services	\$9,012,439	30	5,053
Veterans Upward Bound	\$922,742	3	379
Educational Opportunity Centers	\$3,079,191	7	9,945
Ronald E. McNair Post-Baccalaureate Achievement Programs	\$1,218,323	5	133
Upward Bound Math Science	\$2,261,776	7	445
TRIO Training Programs for Federal TRIO Programs	\$250,601	1	300
TOTAL	\$29,678,027	90	26,638

Total Funding	\$29,678,027
Total Number of Awards	90
Total Number of Participants	26,638

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Upward Bound (UB)

Program Description:

The Upward Bound program attempts to generate skills and motivation necessary for success in education beyond high school. Participants are students currently enrolled in high school who meet the low-income and/or potential first generation college student requirements and who are willing to prepare themselves for entry into post-secondary education.

Participant Eligibility:

Student must have completed the eighth grade, be between the ages of 13 and 19 (unless they are a veteran participant), be enrolled in high school, be planning to attend college, and need the services Upward Bound provides in order to fulfill their goals. Two-thirds of the participants must be low-income and be potential first generation college students. The remaining participants must be low-income *or* first generation. Participants are selected based on recommendations from their counselors, teachers, and social service agencies.

Sponsoring Institutions:

Upward Bound programs may be sponsored by institutions of higher education, public and private non-profit agencies, and in exceptional cases, secondary schools.

Application/Funding Process:

Competitions for regular Upward Bound funding are held every five years. Second, third, and fourth year funding is based on approval of a non-competing continuation application.

Services Provided:

- Instruction in math through pre-calculus, lab science, foreign language, composition, literature, & other subjects necessary for success in education beyond high school
- Academic, financial, or personal counseling
- Exposure to cultural events
- Tutorial services
- Information on post-secondary education opportunities
- Information on student financial assistance
- Assistance in completing college admissions testing and applications as well as financial aid applications
- Exposure to the range of career options where the disadvantaged person might be under-represented

Oklahoma UB Funding, FY 2021:

Awarded	\$8,077,842
Number of Awards	
Number of Participants	1,602

National UB Funding, FY 2021:

Awarded	\$335,817,181.94
Number of Awards	966
Number of Participants	

Talent Search (TS)

Program Description:

The Talent Search program identifies eligible young people who have the desire and potential for success in post-secondary education. TS encourages participants to continue in and graduate from secondary schools, or to return to high school if they have dropped out. The goal of TS is to have participants enroll in some form of post-secondary education.

Participant Eligibility:

Students must be between the ages of 11 and 27, and have completed five years of elementary education. In any given project, two-thirds of the participants must be low-income persons who are also potential first generation college students.

Sponsoring Institutions:

Talent Search programs may be sponsored by institutions of higher education, public and private non-profit agencies, and in exceptional cases, secondary schools.

Application/Funding Process:

Competitions for Talent Search funding are held every five years. Second, third, and fourth year funding is based on approval of non-competing continuation application.

Services Provided:

- Student academic, financial and personal counseling
- Career exploration and aptitude assessments
- Assistance with the re-entry process to high school or college
- Information on post-secondary education
- Personal development workshops in areas such as test taking and study skills
- Assistance in completing college admissions testing and applications as well as financial aid applications
- Personal growth activities focused on sixth, seventh and eighth graders
- Tutoring sessions for students with academic needs
- Parental involvement
- Mentoring
- Workshops for families of participants

Oklahoma TS Funding, FY 2021:

Awarded \$4,85	5,113
Number of Awards	15
Number of Participants	8,781

National TS Funding, FY 2021:

Awarded	\$184,987,311
Number of Awards	
Number of Participants	

Student Support Services (SSS)

Program Description:

The Student Support Services Program provides supportive services to disadvantaged college students to enhance their potential for successfully completing the education program in which they are enrolled and to facilitate their transition to the next level of higher education.

Participant Eligibility:

To receive assistance, student must be enrolled, or accepted for enrollment, in a program of post-secondary education at a sponsoring institution of higher education and have an established need for academic assistance. All participants must be low-income, first generation, and/or disabled.

Sponsoring Institutions:

Student Support Services Programs may only be sponsored by institutions of higher education. Each applying institution must be prepared to assure that each student participating in the project will be offered sufficient financial assistance to meet that student's full financial need.

Application/Funding Process:

Competitions for Student Support Services funding are held every five years. Second, third, and fourth year funding is based on approval of a non-competing continuation application.

Services Provided:

- Instruction in reading, writing, study skills, mathematics and other subjects necessary for success in collegiate studies.
- Tutorial services, mentoring, and information about career options
- Academic, financial, and personal counseling
- Exposure to cultural events
- Assistance in obtaining student financial aid
- Assistance in securing admission and financial assistance for enrollment in four-year institutions (function of SSS at twoyear institutions)
- Assistance in securing admissions and financial assistance for enrollment in graduate and professional programs (function of SSS at four-year institutions)
- May be specifically designed for students of limited English proficiency (Disabled, Veterans, Teachers, etc.).

Oklahoma SSS Funding, FY 2021:

Total Awarded	. \$9,012,439
Number of Awards	
Number of Participants	5,053

National SSS Funding, FY 2021:

Total Awarded	\$363,222,465
Number of Awards	1,149
Number of Participants	207,699

Veterans Upward Bound (VUB)

Program Description:

Veterans Upward Bound is designed to motivate and assist veterans in the development of academic and other requisite skills necessary for acceptance and success in a program of post-secondary education. The program provides assessment and enhancement of basic skills through counseling, mentoring, tutoring and academic instruction in the core subject areas. The primary goal of the program is to increase the rate at which participants enroll in and complete post-secondary education programs.

Participant Eligibility:

Participants must be military veterans who served on active duty in the U.S. Armed Forces for more than 180 days and received other than a dishonorable discharge; was discharged because of a service-connected disability; was a member of a reserve component of the Armed Forces called to active duty for a period of more than 30 days; OR was a member of a reserve component of the Armed Forces who served on active duty in support of a contingency operation on or after September 11, 2001. These veterans who are preparing to enter a postsecondary institution must be either low-income, potential first-generation, have been out of school for more than 5 years, have a disability, or have a test score lower than admissible standards. At least two-thirds of the project's participants must be both low-income and first-generation port of a contingency operation on or after September 11, 2001; and have a high risk for academic failure.

Sponsoring Institutions:

Institutions of higher education, public and private agencies and organizations including community-based organizations with experience in serving disadvantaged youth, combinations of such institutions, agencies and organizations, and as appropriate to the purpose of the program, secondary schools.

Application/Funding Process:

Competitions for Veterans Upward Bound funding are held every five years. Second, third, and fourth year funding is based on approval of a non-competing continuation application.

Services Provided:

- Instruction in reading, writing, study skills, mathematics and other subjects necessary for success in education beyond high school
- Academic, financial, or personal counseling
- Exposure to cultural events
- Tutorial services
- Information on post-secondary education opportunities
- Information on student financial assistance
- Assistance in completing college admissions testing and applications as well as financial aid applications
- Exposure to the range of career options where the disadvantaged person might be under-represented

Oklahoma VUB Funding, FY 2021: Awarded	82% of VUB participants completed the program or remained in the project. 71% of VUB participants who completed their VUB project, improved on a standardized test.
National VUB Funding, FY 2021:	74% of VUB participants who completed their VUB project
Awarded\$18,815,149	enrolled into a postsecondary program of study.
Number of Awards60	23% of those who enrolled in PSE completed a bachelor's
Number of Participants7,898	or associate degree within 6 years.

Educational Opportunity Centers (EOC)

Program Description:

The Educational Opportunity Centers program provides assistance and information to adults who seek to enter or continue in a program of post-secondary education.

Participant Eligibility:

The program targets persons who express a desire to enroll, or re-enroll, in a post-secondary program, and those who request information and assistance in applying for admission and/or financial aid. At least two-thirds of the students must be low-income, first generation college persons, age 19 or above, who need services in order to pursue a post-secondary education. If the services of an Talent Search program are not available in the target area, persons under 19 may be served by an EOC.

Sponsoring Institutions:

Educational Opportunity Centers programs may be sponsored by institutions of higher education, public and private non-profit agencies, and in exceptional cases, secondary schools.

Application/Funding Process:

Competitions for Educational Opportunity Centers funding are held every five years. Second, third, and fourth year funding is based on approval of a non-competing continuation application.

Services Provided:

- Academic, financial and personal counseling
- Career exploration and aptitude assessments
- Personal and group counseling
- Assistance with entry or re-entry into a GED or other program of secondary education
- Assistance in completing college admissions applications and testing
- Assistance with financial aid applications
- Coordination with nearby post-secondary institutions
- Basic academic skills classes
- Media activities designed to involve and acquaint the community with higher education opportunities
- Tutoring and mentoring programs

Oklahoma EOC Funding, FY 2021:

Awarded\$	3,079,191
Number of Awards	
Number of Participants	9,945

National EOC Funding, FY 2021:

Awarded	\$61,412,887
Number of Awards	
Number of Participants	209.735

Ronald E. McNair Post-Baccalaureate Achievement Program (McNair)

Program Descriptions:

The Ronald E. McNair Post-Baccalaureate Achievement program (also known as the McNair Scholars program) provides opportunities at the undergraduate and graduate levels for research or other scholarly activities at institutions or graduate centers designed to provide students with effective preparation for doctoral study.

Participant Eligibility:

Students must be enrolled in a degree program at an eligible institution. In any given project, two-thirds of the participants must be low-income persons who are also potential first generation college students. The remaining participants must be from a group who is under-represented in graduate education.

Sponsoring Institutions:

McNair Scholars programs may only be sponsored by institutions of higher education.

Application/Funding Process:

Competitions for Ronald E. McNair Post-Baccalaureate Achievement programs funding are held every four years. Second, third, and fourth year funding is based on approval of a non-competing continuation application.

Services Provided:

- Opportunities for research
- Summer internships
- Tutorial services
- Academic counseling
- Seminars
- Assistance in obtaining student financial aid
- Assistance in securing admission to graduate programs
- Mentoring programs
- Exposure to cultural events

Oklahoma McNair Funding, FY 2021

Awarded	\$1,218,323
Number of Awards	
Number of Participants	133

National McNair Funding, FY 2021:

Awarded	\$49,824,230
Number of Awards.	
Number of Participa	nts 5,242

Upward Bound Math Science (UBMS)

Program Description:

The Upward Bound Math Science program initiative seeks to strengthen the math and science education of participating students and assists them in demonstrating competency in those areas.

Participant Eligibility:

Students must have completed the eighth grade, be between the ages of 13 and 19 (unless they are a veteran participant), be enrolled in high school, be planning to attend college, have an interest and aptitude for careers in math and science, and need the services UBMS provides in order to fulfill their goals. Two-thirds of the participants must be low-income and be potential first generation college students. The remaining participants must be low-income or first generation. Participants are selected based on recommendations from their counselors, teachers, and social service agencies.

Sponsoring Institutions:

Upward Bound Math Science programs may be sponsored by institutions of higher education, public and private agencies and organizations, and in exceptional cases, secondary schools.

Application/Funding Process:

Competitions for funding are held every five years. Second, third, and fourth year funding is based on approval of a noncompeting continuation application.

Services Provided:

- Six weeks of intensive math (including computer science) and science programs during the summer (this summer instructional component is designed to simulate a college-going experience)
- Year-round academic, financial, or personal counseling
- Exposure to experts performing research activities in math and science
- Tutorial services
- Core curriculum instruction including mathematics through pre-calculus, laboratory science, hands-on experience in laboratories, as well as in computer facilities and at field sites
- Computer training
- Participant-conducted scientific research under the guidance of a faculty member or graduate student serving as the participant's mentor

Oklahoma UBMS Funding, FY 2021:

Awarded	\$2,261,776
Number of Awards	7
Number of Participants	

National UBMS Funding, FY 2021:

Awarded	\$64,843,908
Number of Awards	212
Number of Participants	

Training Program for Federal TRIO Programs

Directors and staff employed by the Federal TRIO Programs are able to receive funding for further enhancement of knowledge, abilities and proficiency in their specific projects by means of the Training Program for Federal TRIO Programs. Through this program, employees may obtain experience by means of conferences, seminars, internships, workshops and/or publication of manuals. Topics for learning will be established by the Secretary of Education, and announced in the Federal Register notice for application.

The Training Program for Federal TRIO Programs can include:

- Improving student retention
- Counseling services
- Student testing
- Working with specific TRIO populations
- Legislative and regulatory requirements
- Program evaluation
- Assisting students in securing adequate financial aid
- The design and operation of model TRIO projects
- New directors training
- Use of appropriate educational technology
- Training Opportunities for Federal TRIO Programs' Personnel

Oklahoma TRIO Training Funding, FY 2021:

Awarded \$250,60	1
Number of Programs Awarded	1
Number of Staff Trained)0

National TRIO Training Funding, FY 2021:

Awarded	\$2,824,292
Number of Programs Awarded	10
Number of Staff Trained	2,368

TRIO Program	FY Year	Funding	Projects	Participants
Upward Bound	FY 2021	\$335,817,181.94	966	70,744
0.85	FY 2020	\$352,094,127	966	70,711
	FY 2019	\$343,356,535	966	70,744
	FY 2018	\$355,592,015	967	70,914
	FY 2017	\$312,052,710	956	70,001
	FY 2016	\$270,228,385	810	61,747
	FY 2015	\$263,412,436	813	61,361
	FY 2014	\$264,578,959	814	61,458
	FY 2013	\$249,857,649	816	59,143
Talent Search	FY 2021	\$184,987,311	530	340,427
	FY 2020	\$168,306,753	473	309,905
	FY 2019	\$179,852,045	473	309,905
	FY 2018	\$158,260,406	473	309,905
	FY 2017	\$151,772,998	473	312,855
	FY 2016	\$150,635,825	481	318,723
	FY 2015	\$134,520,595	449	310,199
	FY 2014	\$134,613,873	450	310,747
	FY 2013	\$128,116,544	452	299,683
Student Support	FY 2021	\$363,222,465	1,149	207,699
Services	FY 2020	\$365,918,070	1,156	209,075
	FY 2019	\$337,107,672	1,066	202,255
	FY 2018	\$322,608,056	1,069	202,880
	FY 2017	\$310,042,536	1,069	202,913
	FY 2016	\$302,405,536	1,071	203,290
	FY 2015	\$297,256,676	1,081	205,263
	FY 2014	\$288,631,903	1,027	202,492
	FY 2013	\$274,739,441	1,027	197,663
Veterans Upward	FY 2021	\$18,815,149	60	7,898
Bound	FY 2020	\$19,228,457	60	7,898
	FY 2019	\$19,064,429	62	8,157
	FY 2018	\$18,384,370	62	8,157
	FY 2017	\$18,186,172	64	8,407
	FY 2016	\$13,852,595	49	6,587
	FY 2015	\$13,548,241	49	6,566
	FY 2014	\$13,706,511	49	6,566
	FY 2013	\$13,036,887	50	6,404

National Comparisons By Fiscal Year

National Comparisons By Fiscal Year, continued from previous page

TRIO Program	FY Year	Funding	Projects	Participants
Educational	FY 2021	\$61,412,887	170	209,735
Opportunities	FY 2020	\$54,926,989	139	192,530
Center	FY 2019	\$54,100,779	140	193,530
	FY 2018	\$51,681,910	140	193,530
	FY 2017	\$50,649,719	142	199,722
	FY 2016	\$56,186,996	165	225,678
	FY 2015	\$46,606,423	126	189,733
	FY 2014	\$46,876,529	126	189,733
	FY 2013	\$44,063,593	126	181,581
Ronald E. McNair	FY 2021	\$49,824,230	187	5,242
Post-	FY 2020	\$51,778,211	187	5,242
Baccalaureate	FY 2019	\$50,027,266	187	5,242
Achievement	FY 2018	\$47,872,986	187	5,242
Program	FY 2017	\$45,896,206	187	5,234
	FY 2016	\$36,589,491	151	4,338
	FY 2015	\$35,701,197	151	4,293
	FY 2014	\$35,600,323	151	4,293
	FY 2013	\$34,060,382	152	4,191
Upward Bound	FY 2021	\$64,843,908	212	13,184
Math Science	FY 2020	\$65,439,438	212	13,184
	FY 2019	\$63,521,110	212	13,184
	FY 2018	\$67,687,618	212	13,184
	FY 2017	\$58,256,458	211	13,182
	FY 2016	\$44,050,368	162	10,176
	FY 2015	\$43,050,368	162	10,034
	FY 2014	\$43,083,035	162	10,034
	FY 2013	\$40,519,232	162	9,687
TRIO Training	FY 2021	\$2,824,292	10*	2,368^
Programs	FY 2020	\$3,219,292	 10*	2,616^
# of programs	FY 2019	\$3,216,692	12	2,695^
^# of staff trained	FY 2018	\$3,078,175	12*	2,695^
<i>"</i> - j , j	FY 2017	\$2,804,995	13*	2,536^
	FY 2016	\$2,736,577	13*	2,536^
	FY 2015	\$1,524,998	8*	1,306^
	FY 2014	\$1,524,998	8*	1,306^
	FY 2013	\$1,326,776	6*	1,101^
TOTAL	FY 2021	\$1,081,747,423.94	3,284	857,297
	FY 2020	\$1,669,866,279	3,749	811,161
	FY 2019	\$1,050,247,388	3,118	805,712
	FY 2018	\$1,025,165,536	3,122	806,507
	FY 2017	\$949,661,681	3,115	814,800
	FY 2016	\$876,924,679	2,902	788,755
	FY 2015	\$835,620,934	2,839	786,629
	FY 2014	\$828,616,131	2,787	759,453
	FY 2013	\$785,720,464	2,791	790,837

TRIO Program	FY Year	Funding	Projects	Participants
Upward Bound	FY 2021	\$8,064,168	23	1668
	FY 2020	\$8,272,301	23	1,668
	FY 2019	\$8,145,505	23	1,668
	FY 2018	\$8,415,513	23	1,668
	FY 2017	\$7,476,973	23	1,668
	FY 2016	\$7,252,383	23	1,672
	FY 2015	\$7,186,627	23	1,656
	FY 2014	\$7,314,521	24	1,713
	FY 2013	\$7,047,691	24	1,656
Talent Search	FY 2021	\$4,855,113	15	8,781
	FY 2020	\$4,855,113	15	8,781
	FY 2019	\$5,254,161	15	8,781
	FY 2018	\$4,480,334	15	8,781
	FY 2017	\$4,308,514	15	8,781
	FY 2016	\$4,143,778	15	8,781
	FY 2015	\$4,143,778	14	9,075
	FY 2014	\$4,143,778	14	6,075
	FY 2013	\$3,927,058	14	5,943
Student Support	FY 2021	\$9,012,439	30	5,053
Services	FY 2020	\$9,012,439	30	5,053
	FY 2019	\$8,552,699	29	4,986
	FY 2018	\$8,184,403	29	4,866
	FY 2017	\$7,850,750	30	4,986
	FY 2016	\$8,092,748	30	5,286
	FY 2015	\$7,869,663	24	4,470
	FY 2014	\$6,371,729	24	4,378
	FY 2013	\$6,160,087	24	4,470
Veterans Upward	FY 2021	\$922,742	3	379
Bound	FY 2020	\$911,757	3	379
	FY 2019	\$891,538	3	379
	FY 2018	\$853,146	3	379
	FY 2017	\$818,366	3	379
	FY 2016	\$540,908	2	254
	FY 2015	\$525,153	2	250
	FY 2014	\$525,153	2	250
	FY 2013	\$497,687	2	236

Oklahoma Comparisons By Fiscal Year

Oklahoma Comparisons B	/ Fiscal Year, continued	from previous page

TRIO Program	FY Year	Funding	Projects	Participants	
Educational	FY 2021	\$3,079,191	7	9,945	
Opportunity	FY 2020	\$2,874,006	6	9,955	
Centers	FY 2019	\$2,820,566	6	9,955	
	FY 2018	\$2,699,107	6	9,955	
	FY 2017	\$2,589,071	6	9,955	
	FY 2016	\$2,525,922	6	9,955	
	FY 2015	\$2,240,491	5	8,955	
	FY 2014	\$2,240,491	5	8,955	
	FY 2013	\$2,083,558	5	8,654	
Ronald E. McNair	FY 2021	\$1,218,323	5	133	
Post-	FY 2020	\$1,346,323	5	133	
Baccalaureate	FY 2019	\$1,300,795	5	133	
Achievement	FY 2018	\$1,244,779	3	133	
Program	FY 2017	\$1,194,032	3	133	
	FY 2016	\$711,714	3	83	
	FY 2015	\$690,988	3	81	
	FY 2014	\$690,988	3	81	
	FY 2013	\$654,848	3	80	
Upward Bound	FY 2021	\$2,261,776	7	445	
Math Science	FY 2020	\$2,261,776	7	445	
	FY 2019	\$2,185,290	7	445	
	FY 2018	\$2,330,426	7	445	
	FY 2017	\$2,005,936	7	445	
	FY 2016	\$1,957,009	7	445	
	FY 2015	\$1,900,008	7	445	
	FY 2014	\$1,900,008	7	435	
	FY 2013	\$1,800,638	7	426	
TRIO Training	FY 2021	\$250,601	1	300	
Programs	FY 2020	\$297,601	1	300	
Ū	FY 2019	\$474,436	2	450	
	FY 2018	\$474,436	2	450	
	FY 2017	\$262,882	1	300	
	FY 2016	\$262,882	1	300	
TOTALS	FY 2021	\$29,664,353	91	26,704	
10 W MARKENDER	FY 2020	\$29,831,316	90	26,714	
	FY 2019	\$29,624,990	90	26,797	
	FY 2018	\$28,661,714	89	26,797	
	FY 2017	\$26,506,522	85	26,797	
	FY 2016	\$24,556,708	84	26,797	
	FY 2015	\$24,556,708	79	25,742	
	FY 2014	\$23,186,667	79	24,982	
	FY 2013	\$22,171,567	79	24,373	

Oklahoma TRIO Programs Overview (by program)

SSS

Cameron University	\$460,680.00
Carl Albert State College/Poteau & Sallisaw	\$203,875.00
Connors State College	\$294, 722.00
East Central University	\$261,888.00
East Central University	\$261,888.00
Eastern Oklahoma State College	\$335,111.00
Langston University	\$261,888.00
Murray State College	\$422,663.00
Northeastern Oklahoma A&M College	\$300,977.00
Northeastern State University	\$343,649.00
Northwestern Oklahoma State University	\$261,888.00
Oklahoma City Community College	\$273,307.00
Oklahoma State University	\$261,888.00
Oklahoma State University- Oklahoma City	\$346,401.00
Redlands Community College	\$301,205.00
Rogers State University	\$261,888.00
Rose State College	\$261,888.00
Seminole State College	\$261,888.00
Seminole State College	\$294,725.00
Southeastern Oklahoma State University	\$261,888.00
Southeastern Oklahoma State University	\$410,844.00
Southern Nazarene University	\$274,211.00
Tulsa Community College	\$261,888.00
University of Central Oklahoma	\$233,434.00
Western Oklahoma State College	\$288,315.00

Total: \$9,012,439.00

Regular

Regular

Regular

Regular

Veterans

Regular

Regular Regular

Regular

Regular

Regular Regular

Regular

Regular

Regular

Regular Regular

STEM

Regular

Regular Regular

Regular

Disabled

Veterans

Regular

Regular

TeacherPrep

STEM

ESL

TeacherPrep

Oklahoma TRIO Programs Overview (by program)

Carl Albert State College 1675 \$590,346.00 East Central University 1456 \$500,864.00 Northeastern State University 850 \$232,050.00 EOC 2344 \$639,912.00 **Rogers State University** Southeastern Oklahoma State University 1620 \$578,697.00 Tulsa Community College 1000 \$273,793.00 University of Central Oklahoma 1000 \$263,529.00 Total: 9945 \$3,079,191.00 129 \$327,540.00 East Central University **VUB** 125 \$297,601.00 **Redlands Community College** 125 \$297,601.00 University of Central Oklahoma Total: 379 \$922,742.00 28 \$293,316.00 East Central Oklahoma 25 \$202,888.00 McNair Oklahoma State University 28 \$261,637.00 Southern Nazarene University 25 \$250,879.00 University of Central Oklahoma 27 \$209,603.00 University of Oklahoma **Total: 133** \$1,218,323.00 American Indian Resource Center, Inc. \$408,787.00 737 Cameron University \$417,727.00 775 Carl Albert State College/Poteau \$277,931.00 508 Carl Albert State College/Poteau \$381,114.00 687 Northeastern State University \$277,375.00 500 TS Northeastern State University \$277,375.00 500 Oklahoma State University \$277,375.00 500 Oklahoma State University - Oklahoma City \$277,375.00 513 Quality Educational Services for Today and Tomorrow, Inc. 500 \$284,588.00 **Rogers State College** \$277,375.00 500 **Rose State College** 500 \$277,375.00 Seminole State College \$277.375.00 700 Seminole State College \$388,326.00 500 Southeastern Oklahoma State College \$477,641.00 861 University of Central Oklahoma \$277,374.00 500 Total: 8,781 \$4,855,113.00

Oklahoma TRIO Programs Overview (by program)

	Cameron University	66	\$352,757.00
	Carl Albert State College	105	\$524,968.00
	East Central University	60	\$297,300.00
	East Central University	124	\$604,205.00
	Northeastern Oklahoma A&M College	68	\$348,982.00
	Northeastern State University	60	\$297,600.00
	Northern Oklahoma College	62	\$297,601.00
	Northwestern Oklahoma State University	61	\$297,601.00
	Oklahoma City Community College	75	\$369,764.00
	Oklahoma Panhandle State University	63	\$311,660.00
	Oklahoma State University	60	\$318.328.00
UB	Oklahoma State University-Oklahoma City	78	\$404,000.00
UD	Quality Educational Services for Today & Tomorrow, Ir		\$312,480.00
	Quality Educational Services for Today & Tomorrow, Ir		\$312,480.00
	Redlands Community College	64	\$340,947.00
	Seminole State College	77	\$398,634.00
	Seminole State College	52	\$297,601.00
	Southeastern Oklahoma State University	60	\$297,601.00
	Southeastern Oklahoma State University	110	\$567,061.00
	Southwestern Oklahoma State University	85	\$450,677.00
	University of Central Oklahoma	75	\$364,346.00
	University of Oklahoma	63	\$297,575.00
	Western Oklahoma College	74	\$366,431.00
	10	otal: 1668	\$8,064,168.00
		74	\$367,601.00
	Carl Albert State College East Central University	66	\$353,550.00
		61	\$297,601.00
UBMS	Northwestern Oklahoma State University Seminole State College	52	\$297,601.00
	Seminole State College	52	\$297,601.00
	Southeastern Oklahoma State University	68	\$350,157.00
	University of Central Oklahoma	62	\$297,601.00
		otal: 445	\$2,261,776.00

U.S. Congressional Delegation from Oklahoma



Senator Jim Inhofe www.inhofe.senate.gov 202-224-4721 @InhofePress Senator James Lankford <u>www.lankford.senate.gov</u> 202-224-5754 @SenatorLankford





Rep. Kevin Hern District 1 <u>hern.house.gov</u> 202-225-2211 @RepKevin<mark>H</mark>ern



Rep. Markwayne Mullin District 2 <u>mullin.house.gov</u> 202-225-2701 @RepMullin



Rep. Frank Lucas District 3 lucas.house.gov 202-225-5565 @RepFrankLucas



Rep. Tom Cole District 4 <u>cole.house.gov</u> 202-225-6165 @TomColeOK04



Rep. Stephanie Bice District 5 <u>bice.house.gov</u> 202-225-2132 @RepBice

Oklahoma TRIO Programs Overview (By Congressional District)

District 1: Representative Kevin Hern

Tulsa Community College—SSS, EOC Northeastern State University-Broken Arrow —TS,UB

TRIO Programs	
Total No. of Students Served	
Total Amount Awarded\$1,	,110,656

District 2: Representative Markwayne Mullin

American Indian Resource Center, Inc.—*TS* Carl Albert State College—*UB*, *TS*(2), *SSS*, *EOC*, *UBMS* Connors State College—*SSS* Eastern Oklahoma State College—*SSS* Murray State College—*SSS* Northeastern Oklahoma A&M College—*UB*, *SSS* Northeastern State University—*TS*(2), *SSS*, *EOC* Quality Educational Services for Today & Tomorrow, Inc.—*UB*(2),*TS* Rogers State University—*SSS*, *EOC*, *TS* Southeastern Oklahoma State University—*UB*(2), *TS*, *SSS*(2), *EOC*, *UBMS*

TRIO Programs	28
Total No. of Students Served	13,773
Total Amount Awarded	\$10,560,369

District 3: Representative Frank Lucas

Langston University-- SSS Northern Oklahoma College–UB Northwestern Oklahoma State University–UB, SSS, UBMS Oklahoma Panhandle State University–UB Oklahoma State University–UB, TS, SSS, MS Redlands Community College–UB, SSS, VUB Southwestern Oklahoma State University–UB Western Oklahoma State College–UB, SSS

TRIO Programs	16
Total No. of Students Served	1,984
Total Amount Awarded \$4,87	6,708

District 4: Representative Tom Cole

District 5: Representative Stephanie Bice

Oklahoma City Community College—UB, SSS Oklahoma State University/OKC—UB, TS, SSS Seminole State College—UB(2), TS(2), SSS(2), UBMS(2) Southern Nazarene University—SSS, MS University of Central Oklahoma—UB, TS, SSS(6), EOC, UBMS, MS, TRIO Training, VUB

TRIO Programs	28
Total No. of Students Served	5,789
Total Amount Awarded\$8	,339,688



Congressional District & Representativ		of TRIO rograms	# Students Served	Funding Totals
1: Representative Kevin Hern		4	1,725	\$1,110,656
2: Representative Markwayne Mullin		28	13,773	\$10,560,369
3: Representative Frank Lucas		16	1,984	\$4,876,708
4: Representative Tom Cole		15	3,933	\$5,100,788
5: Representative Stephanie Bice		28	5,789	\$8,339,6884
٦	Total	91	26,704	\$29,664,353

2021 ODSA TRIO Achiever



Danny Maylen

I started my college career in 2014, five days shy of my 47th birthday. I chose East Central University in Ada, OK and as my major, I chose counseling. I completed my bachelor's degree in July 2016 in Human Services Counseling, and I completed my master's degree in May 2019 in Clinical Rehabilitation and Clinical Mental Health Counseling. I was fortunate to have applied for, and been accepted by, the Department of Veterans Affairs as a paid Vocational Rehabilitation Counselor intern in the Pathways Internship Program in April

2018, well before my graduation in May 2019. I have been at the VA approximately two years now and am really enjoying working with Veterans with service-connected disabilities and assisting them with their educational and/or vocational goals.

I cannot say enough how much the Veterans Upward Bound Program and the people who worked there helped me not only navigate the college process, but they became my friends and mentors throughout my time at ECU and beyond. The VUB Program and staff eased my anxieties and provided me with positive reinforcement every step of the way and I might now have been as successful with their guidance, patience and understanding throughout my tenure during my college years.

2021 ODSA Scholarship Recipients

Walter O. Mason Scholarship \$500.00: Brooke Mangold Oklahoma State University Student Support Services Dr. Arnold Mítchem Scholarshíp \$500.00: Katelynn McGríff Southeastern Oklahoma State University Student Support Services

\$200.00Awards:

Logan Alvarado - Oklahoma State University Oklahoma City, Talent Search Kimberly D. Hoover - Tulsa Community College, Student Support Services Chloe Smith - Southeastern Oklahoma State University, Student Support Services Colin To - Cameron University, Student Support Services Anecia Coleman - Oklahoma State University, Student Support Services Buddy Swicker - Southeastern Oklahoma State University, Student Support Services Zinash Desta - Tulsa Community College, Educational Opportunity Center Nigel Neal - Tulsa Community College, Student Support Services Brittney Hudson - Tulsa Community College, Student Support Services



Oklahoma Division of Student Assistance

ODSA 2021-2022 Hall of Fame Empower the Future

District I

education.



Hector Ramos Tulsa Communíty College Educatíonal Opportuníty Center

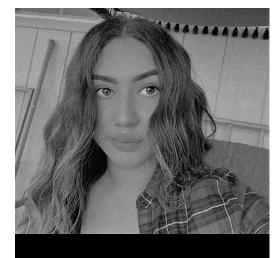
As a first-generation university student, I knew I needed help and guidance from professionals who would support me in academic, financial, and personal areas. Thanks to being part of the TRIO/EOC program, I have received support and various resources that have allowed me to overcome these challenges along the journey, and I

realize that I am not alone in my colleae

Eva I. Vílchís Gonzalez Tulsa Communíty College Educatíonal Opportuníty Center

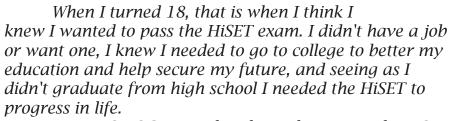
The biggest barrier I encountered while beginning my educational journey was me and my family doubting that I could succeed. I doubted if I could pass the HiSet test or enroll in college. My goal of majoring in business administration was seen by some as wasting my time on nonsense. As a result, I started to doubt my decision and wondered if it was worth all the time and effort.

The TRIO-Educational Opportunity Center was my hero, especially Lizette Merchan. She and others on the TRIO staff were always positive and motivating. TRIO saw me as a unique individual with my own needs.They offered me free tutoring to help prepare for and pass my HiSet test. Afterward, they helped me apply for admission and financial aid to attend Tulsa Community College. They informed me of scholarships and stayed in touch. I will always be grateful for the TRIO/ Educational Opportunity program and Ms. Merchan's kindness.



District I

Ethan Níemeyer Tulsa Community College Educational Opportunity Center



My TRIO EOC counselor cheered me on and TRIO paid for the HiSET test, and everyone from Creek County Workforce, Adult Ed Center to TRIO offered resources to help me study that were especially helpful. They supported me on focusing on my studying for the HiSet and because TRIO was so supportive it made me more committed. TRIO advice on regulating my studying schedule and with a support team Checking up on my studying, it helped me aet through it.

I had studied off and on with my HISET instructor and the TRIO resources for months, until my scores, instructor and I thought I was ready. When the time came my TRIO counselor booked my tests. I definitely felt more confident with having TRIO program under my belt. I am happy to report I passed the test and being rated as efficient in higher education or in the workplace as the top 15% of high school graduates. I don't think I would've gotten nearly as high a score or would have been ready as soon without TRIO EOC program services offered being so enjoyable, interactive, and helpful.. Thanks a lot TRIO!!! I would recommend TRIO as the #1 study program any day!



District 1

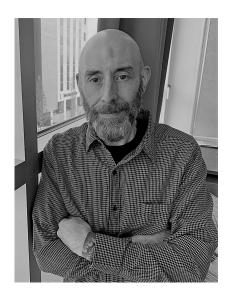
Tracy Moore Tulsa Community College Student Support Services



I am a Veteran, and I am married with two young boys. In the early 90s, the college that I was attending suddenly closed. 30 years later, after an on-the-job injury caused me to medically retire. the opportunity presented itself for me to continue my education through the Veteran Readiness and *Employment program. From the beginning, I realized* the challenge, that I needed help achieving my educational goals. Since I am a first-generation college student, I qualified for the TRIO SSS program. The TRIO SSS staff gave me assistance in finding accommodations for my medical issues, advising for educational goals, awesome tutoring, and encouragement daily, especially those days I felt discouraged. TRIO has played a major part in my success. My TRIO family encouraged me, inspired me and now my family and I will be the beneficiaries of the hard work and sacrifices that we have made.

Jerome Philpot Tulsa Community College Student Support Services

When I started Tulsa Community College, I was in drug court, in my late 40's and a perfect candidate for the TRIO SSS program, I found out. I am very thankful TRIO has helped me overcome many *barriers.* One of the biggest was COVID and my lack of computer skills. When classes went online, I considered dropping out, but the advisors and staff in TRIO helped me through these challenges and encouraged me more than they will ever know. From enrollment help, classes and tutoring, to the degree in which they reached out through zoom meetings weekly, they made all the difference in the world, and helped me to believe in myself and stay the course. Drug court is the reason I actually started college courses, but TRIO and the amazing staff and support I received is why I am araduating this week as an HONORS Scholar.



District I



Kímberly Hoover Tulsa Community College Student Support Services

TRIO SSS has helped me to soar. I reached out to a TRIO counselor because I heard of the resources available to help me start my path down this road of online classes. They gave me the information I needed to get started and helped me borrow technology to connect with the program. We met weekly to join in sessions of *learning about life experience. When my summer* math classes started, TRIO also let me use the technology necessary to do my work in the TRIO Learning Center. The support of TRIO has been outstanding. From helping me to stay on course with my class schedule for graduation, to finding an online counselor for the stresses of school and life in general, they are there for me. The transfer visits to colleges are amazing. I was even recommended for a new leadership in equity student organization. TRIO students excel quickly.

8]ghf]Vhi&

Cassandra Díane Woodward Southeastern Oklahoma State Uníversíty Student Support Servíces



While I am not aware of all the advantages of participating in a TRIO program, I can speak from experience to the advantages that it offered me. As a TRIO member, I had access to assistance with registering for classes and advice on building a schedule that fit my needs and strengths. This was essential to my confidence in my ability to succeed in college. Additionally, TRIO would often offer tickets to campus theater productions and field trip events that strengthened my sense of community with my peers. I was also made aware of scholarship opportunities that I would not have been otherwise, which helped finance my education tremendously. However, the biggest advantage of the TRIO program for me, was the opportunity to tutor other students. As an accounting major, I was able to tutor in Accounting and Computer Information *Systems, through this experience I was able to develop* stronger relationships with my peers. It also helped reinforce my own knowledge and skills.

District 2

Dalton Olíver Southeastern Oklahoma State Uníversíty Student Support Servíces

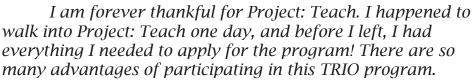
TRIO has helped me excel academically by providing me support to enhance communication skills as well as providing tutoring when my classes were in question. The activities that Student Support Services (SSS) provided fostered advancement in my communication skills, a skill that is lacking in I daresay a growing number of people. The funding, in this aspect, fills a gap that is effectively a growing black hole where attention is so desperately needed. Combine this with the tutoring support that is managed through SSS at Southeastern, one can easily see that SSS, and by extension TRIO, is a key service to the students at Southeastern that should continue to be funded.

Víctoría Elízabeth Gonzalez Southeastern Oklahoma State Uníversíty Student Support Servíces

The TRIO program has helped me academically by helping me with one-on-one tutoring for a subject I struggled to understand. As a non-traditional student with a family, I have encountered many hiccups along the way in my journey, but I remember one specifically. I reached out to the program and Mrs. Ellett assured me that help and support would be there to make sure that I was able to continue along to obtain my degree. They frequently checked during this time to ensure I was okay and to see what support I needed. Being a part of a TRIO program gives you a strong support system behind you, resources to help you along, and opportunities for growth in the college setting as well as professional setting. I'd just like to end by saying that I am grateful and thankful for this program and the wonderful people that are a part of it.



Madíson Bragg-Buckíngham Southeastern Oklahoma State Uníversíty Student Support Servíces



I spent hours in Project: Teach collaborating with peers and working on assignments, and I always loved being there. Every resource was provided: practice tests for certification exams, computer lab, glue, scissors, laminator, etc. Everything a future teacher needed to succeed was right there!

Another advantage was the staff in Project: Teach. They were all so helpful, encouraging, and professional. I had quite a few meetings with Darla Ellett, from extra guidance on assignments, to celebrating exam results! I always knew I could go to Project: Teach for anything.

I am so thankful for everyone at Project: Teach and the relationships that I had the opportunity to build through this program.



Addie J Nair Northeastern Oklahoma A&M College Student Support Services

My name is Addie and I was in my fifties when I decided to begin my academic adventure to become a Physical Therapy Assistant. I had the mindset that I would give 100% and hope and pray for the best. I struggled through the mandatory math/algebra classes, and was failing anatomy and physiology, even though I was doing all the extra credit work possible. There were some other students that talked about how Student Support was helping them tremendously, so I applied and was welcomed warmly.

The tutoring was more than helping me understand what I was trying to learn, I learned how to study and never made worse than a B in any class again, including A&P! I was able to write essays and have them proofread, do research for assignments, and study between classes. The ability to print and copy was a great bonus too.

I was very grateful for the grant that I was awarded, it validated the hard work I put into classes. I will forever be grateful and honored to be nominated to share my story.

The PTA program was very intense and demanding so I was unable to join any of the trips, but I loved the short activities and parties that were on site. There were times I was studying at Student Support right up until time for a test and supper was snacks that were always available. The truth is that I would have probably not made it through the program and graduated PTA school and received an associate degree without the benefit of Student Support and all the great people that work there who make it so awesome.

Completing school has changed the life of my family, my husband and I can spend more time with our kids and grandkids than we could have before.



Chauntelle D. Harding Northeastern Oklahoma A&M College Student Support Services

As a nontraditional student, I was unsure how I would fit in attending college as an adult. I wanted to have a bigger college experience than simply attending class but did not know where I would fit in. I was old enough to be a mom for most of the kids I was in class with. When I discovered Student Support Services, I was thrilled. I felt like this was a place I could obtain support, help if needed, and have a camaraderie. I loved the support, lunches, field trips, learning experiences, and the friendships I made. SSS was a place I could go and hang with friends, do my homework, or just take a break. Because of SSS I attended cultural events I would not have otherwise attended. I gained experiences I would have not gotten anywhere else. Because of SSS and the support I received, I was more successful at NEO and more confident that I could go even further with my education. In August, I graduated with a *Master's Degree in Social Work and am currently* preparing to become a Licensed Clinical Social Worker.





Greysan Ioerger Northwestern Oklahoma State University Upward Bound Math Science

My involvement with Upward Bound has allowed me to break out of my shell, meet new people, and presented me with opportunities

that would not have been possible without it. As a freshman I could have told you that I was not shy at all, but looking back now after all that TRIO has helped with and provided for me, I was very shy. TRIO is a great program because it helps kids learn more about the uncertainties of life and how to better prepare for them. All throughout high school TRIO has been there to guide me through any uncertain waters. I would not be the person I am today if it had not been for

Elízabeth Wallace Northwestern Oklahoma State Uníversíty Upward Bound Math Scíence

TRIO.

There are many advantages that come with being in a TRIO program, and college preparation is just one of them. You get real-world experience by learning necessary skills such as formal dinner etiquette and meeting new people from all over the state. You visit other places and see the world for what it is, rather than just what you've grown up with and experienced. You get to learn about different cultures, while also learning more about your own. You get to increase your social skills and selfconfidence by meeting other people and spending the summer with them. And as said before, you learn how to better your college experience and learn skills that will help you while there, like time management and dorm life.



District 3

Mckenzie Olsen Northwestern Oklahoma State University Upward Bound



There are so many advantages of participating in the TRIO program. The program helped me prepare for college, prepare for the ACT, and prepare for life. The friends I made through the TRIO program will be a part of me for the rest of my life. There are people that have been through similar experiences as me, and the coordinators are so understanding. If you are having difficulties with classes, they offer tutors. If you need financial assistance with ACT tests, concurrent classes, they are willing to help. And the most awesome thing about this program is the summer program. You stay at the dorms, learn, get closer to your fellow TRIO participants, and you just have so much fun. In the end, the TRIO program is something amazing and I believe that if someone has the opportunity to attend, they should seize the opportunity.

Bentley Cox Northwestern Oklahoma State Uníversíty Upward Bound

The advantages of participating in a TRIO program is that they help the disadvantaged achieve in their education and help them to go to college. In Upward Bound, I found that they gave me the advantage of what to expect from college, they offer to help with books and other items you might need in college, and to further my pursuit of education. It also helped me to grow my social circle and meet new people who want to succeed in their life. Not only did it help me meet new people, but it also helped me to find people who were supportive of my dreams. RIO helped me take the proper steps in preparing for college. Therefore, I believe the advantages of participating in a TRIO program is because they help as many people as they can to succeed in life and to achieve their dreams.





Kellí Ruwaldt Northwestern Oklahoma State Uníversíty Upward Bound

High school is never easy for most people; you are pushed to your limit not only physically, but mentally. Throughout high school, I was diagnosed with multiple mental disorders, saw three therapists, and ended more friendships than I care to admit. I was devastated constantly and everything disappointed me, but TRIO gave me a home where I could be myself unapologetically. I made a few mistakes along the way, as any teenager would, but I took comfort in knowing that I would be accepted no matter what. TRIO gave me people that support me, and love me. TRIO gave me friends, motivation to do my best work, and most importantly, a home with people that want to see me do well.

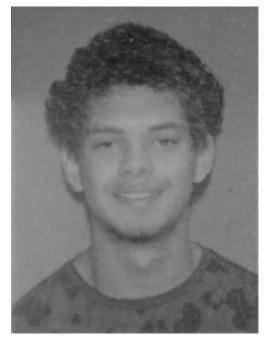
Kohl Ellíot Oklahoma State Uníversíty Upward Bound

The major advantage that I gained when participating in a TRIO program was academic success. I was a 5+ year member of TRIO Upward Bound. When I say academic success. I do not just mean taking summer classes to get ahead of peers. I gained so many friends from the program. These friends can lead to great connections. The program took me on many tours of colleges across the US, giving me an idea of where I'd like to attend. UB also guided me towards the next steps of joining OSU. As a voung senior, I felt overwhelmed just thinking about college. UB was there for me, checking on me each month. Because I was a UB member when applying to OSU, my application went to priority admissions. When accepted, UB paid for two classes, which saved me thousands and gave me a head start to my nursing degree.



District 3

Matthew Stevenson Oklahoma State University Upward Bound



The biggest advantages I have gained from participating in Upward Bound are financial and knowledgebased. I struggled with how I would afford college. I did not know what applying for scholarships looked like or what the FAFSA was. TRIO Upward Bound helped guide me through the FAFSA and provided scholarship opportunities. Throughout my time in high school, I had people I could go to for any questions I had about affording college. What has left the largest impact on me, however, is my experience of college. By visiting different colleges, living on campus during the summer, or interacting with people who were in college, I learned what I liked and did not like about a college. Rather than words and pictures on a brochure. I have a personal understanding; I have a second family. Despite neither of my parents going to college, I don't feel like a first generation student.

Cíerra Carney Oklahoma State Uníversíty Upward Bound

There are many advantages to participating in a TRIO program, for example Upward Bound had provided a gateway to another program that helped me transition into my first year of college while providing an atmosphere that helped me grow as a student (RISE). Upward Bound had also helped me navigate OSU'S campus even before I enrolled. Another advantage is the ample amount of resources that are readily available to *you through this program. They help you fill out your* FAFSA, waive entrance exams, and provide multiple scholarship resources as well as career exploration. You also get to meet many students who are in the same boat as you. Upward Bound has made the transition from high school to college a lot easier. While in a TRIO program I've experienced many wonderful opportunities that I wouldn't have had if I didn't choose to participate.



District 3

Lauren Beugelsdyk Oklahoma State University McNair Scholars



There are so many advantages to participating in a TRIO program that it would be impossible to list them all in a short testimony. As a member of the McNair Scholars program at OSU, I have received an incredible amount of support, encouragement, and advice from the staff and my fellow scholars. Being a member of this program has allowed me to present my research at multiple conferences that I would never have otherwise attended. The various seminars hosted for us were highly beneficial. Because of the information and resources provided by this program, I was fortunate enough to be accepted into a prestigious summer internship, and I have successfully finished applying to multiple graduate programs across the country. I owe much of my continued success and perseverance to my membership in this program, and I am truly grateful to call myself a McNair Scholar!

Alex Arreola Oklahoma State University McNair Scholars

The advantages of participation in a TRIO program are enormous. As a McNair Scholar, the program exposed me to an immense number of opportunities. Not only have I expanded my skill set for a future career, but I have also been able to network with individuals from a plethora of institutions. Without my participation in a TRIO program, I could not have gained the valuable insights that will ultimately lead to a successful future. I am very thankful for the McNair Scholars Program's commitment to my success, and I encourage fellow students to seek membership in any of the TRIO programs.





Tonísha Lamkín Oklahoma State Uníversíty Student Support Servíces

The advantages of participating in a TRIO program are the constant support and love you receive from the people within the program. TRIO is a place where they help you find yourself and help push you to achieve goals you have and never thought you would reach. They are your loudest or most silent supporters depending on the situation. Whenever you are stepping into a situation with uncertainty, you can always look over your shoulder and know they are there with any resources or guidance you need. TRIO has given me so much confidence that I can do anything I put my mind to.

Brooke Mangold Oklahoma State University Student Support Services

The best advantage I found was that it becomes a family, the best kind of family. The kind that pushes you to try harder when you are about to give up. *The kind that supports you on the days that seem too* bleak and bleary for existence. The kind that calls you stupid when you are being too cavalier about the consequences of your actions. It offers father figures when you need advice, maternal care when you need a shoulder to cry on, brotherly love when you feel you cannot face what lies ahead of you alone, and sisterly conviction when vou need unwavering support against something or someone. The best part about this family is that it grows with you. You get to experience your transition into adulthood, into a more diverse, complicated world than you could even imagine with the people who understand you and your struggles the most.





Aqeelah Kemí Rufaí Oklahoma State Uníversíty Student Support Servíces

I have encountered many barriers while obtaining my degree at Oklahoma State. The obstacles that affected my education the most would be feelings of Imposter Syndrome. Imposter Syndrome is defined as "the persistent inability to believe that one's success is deserved or has been leaitimately achieved as a result of one's own efforts or skills." I wholeheartedly have had periods of my college career where I felt like I did not belong. The advisors at TRIO-SSS have been with me every step of the way to make sure I know that I do belong, and all my accolades are well deserved and accomplished. TRIO-SSS opened my eyes enough to help me feel better, and through the encouragement they gave me, I was able to turn around and help other students who felt like me see how they could navigate their feelings of inadequacy.

Kadance Stephens Oklahoma State University Talent Search

Many advantages are provided when you join Talent Search. One of the many advantages is receiving ACT preparation. Talent Search is fun in many ways, but it helps prepare those planning to go to college. The ACT preparation has been a great way to raise your ACT score. Another advantage of being in TRIO Talent Search is the tours to different college campuses. They have helped me look into more college opportunities and see my best fit.



Kaylee Díce Oklahoma State Uníversíty Talent Search



Out of many programs offered through High School, I would personally say TRIO Talent Search is one that is worth it. I have been in TRIO Talent Search for six years. It has taught me to be more of a leader, and it is good to branch out and talk to new people. The Talent Search program has given me opportunities to tour colleges, attend summer learning camps, and workshops on scholarships. TRIO Talent Search also always has someone there to answer any questions I had on scholarships, college. or just to talk about life. This program does not *discriminate. It is very welcoming and a place you* can call your second family. After being in this program, I feel so much more prepared as it comes time to apply for college and scholarships. It has taught me responsibility and accountability skills that I will need when I am out on my own soon.

District 4



Raynor Líttleton Rose State College Student Support Services

The biggest barrier I encountered while trying to obtain my education is trying to obtain financial aid. When I first went to Rose State back in 2011-2012 I failed out due to a lack of motivation since I didn't have any clear goals. Due to failing out on my 2012 I was on financial aid exclusion once I returned in 2020. I worked hard to prove to the school that I was taking my education serious, I was placed on the vice-president's honor roll for both the fall 2020 semester and the spring 2021 semester. However, I fell short of the requirements to get take off financial aid exclusion. I had already once filed an appeal to try to get taken off financial aid exclusion but I thought I needed like a doctor's note explaining that I had something serious occur to me that made me incapable of attending class. So, I went to one of the Trio advisors with my concerns about still being on financial aid exclusion and she motivated me to try once again to file an appeal explaining why I failed the first time I went to Rose State. This time she explained get letters of support from friends, family or co-workers who knew about your experience the first time you attended college. I went and asked for a couple of letters of support, one from my brother and one from a professor who taught classes in both of my semesters in 2020 and 2021. With the Trio advisor motivating me and explaining how to file another appeal and the letters of support I received from my professor and my brother I was able to get taken off financial aid exclusion.

Dístríct 4



Julíus T Okutu Rose State College Talent Search

I joined Rose State College TRIO Talent Search in 2019, and it has been an excellent experience. The TRIO program is a very good organization to be a part of. They provide members with school supplies every school year and pay visits to different universities, museums, and art centers in *Oklahoma. Most of the program activities take place in the* summer and so the summer vacation's are fun and exciting. I had a lot of fun traveling to interesting places and learning new things every time. One other aspect of the program is that everything is already paid for. All they want from their members is for them to show up and have a good time. The TRIO program provides members with the chance to learn about universities and other academic opportunities available to them. The TRIO program organizes activities like ACT boot camps to help its members with test-taking. The program also helps high school seniors pay for college through the Oklahoma Promise. I am honored to be a member of this program.

Dístrict 4



Nancy Morales Perez Rose State College Student Support Services

First, I want to say that I am very thankful for the TRIO program at Rose State College. I personally did not know a whole lot about it until I started hearing how beneficial it is for a student. Hearing about what they all offer especially to first-generation students is so beneficial to many of us. They help us achieve more in our education, future and making sure we improve daily. Some advantages they offer are tutoring, academic advising, and taking us to other colleges for a campus tour. As well as being able to get to know other TRIO students. Another big advantage is that they share scholarships to TRIO students, for us to be able to have more scholarship opportunities. Which I personally am thankful for because I was awarded a SWASAP scholarship that was part of the list that TRIO had sent out. TRIO does not only offer us support but they are like our second family that wants to see us be successful.

Alexís Laqua Cameron Uníversíty Upward Bound

While participating in Upward Bound throughout my high school career, I have learned so much about college and made plenty of new friends. They have helped me through my concurrent classes by providing resources to help me study and earn 36 hours in college credit.

As I became a senior this year, Upward Bound helped me in every step of the application process to colleges. Theyâ \in^{TM} ve helped me with scholarships and even college tours throughout the entire year. I was able to look at the colleges I was considering applying to, first hand, and look at the programs and campuses while on tours. Even though there were fun moments, we were able to learn how to excel in college and how to get started in our careers and the college process because of this TRIO program.



District 4



Logan Rívera Cameron Uníversity Upward Bound

There are many advantages to being in a TRIO program. Upward Bound allowed me to meet many new friends, experience life living on campus, and help me navigate my way to college. I also traveled with the program and saw many places I would not have visited otherwise.

I'yanna Farlow Cameron University Upward Bound

The advantages of participating in Upward Bound include the opportunity to explore college before I go to college. I have learned study habits as well and was able to visit many campuses. Along the way, I have met some wonderful instructors and made some lifelong friends.





Jasílyn Spívey Cameron Uníversity Talent Search

Trio has always given me that extra push I needed to really excel at my studies. I didn't always have that at home. Anytime I had a question or just needed help Trio had the resources I needed.

Audrey Ellís Cameron Uníversíty Talent Search

The TRIO program has helped me with so much and has many advantages for those who are a part of it. They offer tutoring programs in-person and online to those struggling in certain subjects. They take us on college tours followed by a fun, educational activity like a museum or art workshop. Because of this program and help, I have been able to choose and apply to a college of my choice that I believe I will like and is the best choice for me. The TRIO staff has given me advice and help setting up career and educational goals to help me get further in life.



District 4

Evan Perkíns Cameron Uníversíty Talent Search

Being involved with a TRIO Program since the 7th grade has made a huge mark on my academic success. At a young age, I was introduced to proper ways to study and manage time as well as make academic goals for myself each year. A big thing that teenagers like myself lack is time management and academic goals for themselves. With these academic goals, we would set for ourselves, we would be pulled out of class and attend meetings where we would receive individual one-on-one help if needed, otherwise, we would receive aifts or items that ranged from a cool pencil to a gift card to Chick-Fil-A. TRIO introduces students to the ACT as early as their eighth grade or freshman year with a Chad Cargill ACT workshop. This workshop introduced me to the ACT as a freshman and got me started very early. I credit this early introduction to the success that I have had with the ACT throughout high school. If I was not involved in the TRIO *Program, I do not think I would be where I am* todav.





Breanna M. Pursley Cameron University Student Support Services

Throughout my time at Cameron I have had several obstacles that have come my way. One of the obstacles I faced was at one point I didn't know if I would be able to stay in school due to my finances. Despite how hard they were to overcome I knew I could rely on the TRIO program especially student support services. They became a family to me that I could go to and they would seek out resources to help me and if they couldn't find any they would send me to someone that did. They became a cornerstone of my educational journey towards my degree and without them and their staff I wouldn't be where I am right now. I am honored that I am able to be a part of their program and I am truly grateful for all they do.

Maurício Gonzalez Cameron University Student Support Services

Student Support Services was able to assist my transfer to Cameron University and ensure as many of my credits transferred from another university I attended. The Cameron Mathematical Sciences Department did not accept my previous math credits at first. Upon a description of the courses via the syllabus from each one through Student Support Services, the Math Department reviewed their decision and accepted my credits and saved me the time I would have needed to retake courses I had already taken. I am thankful to Student Support Services.



District 4

Cathleen Dutton Cameron University Student Support Services



When I first started college here at Cameron University in the fall of 2009, I had a lot of doubt and was not very confident in myself as a first time freshman going forward. Taking 12 hours with one of those classes being a remedial course in Pre-Algebra I was getting overwhelmed because math is my worst subject and I had been out of the educational loop a while. Thankfully, just before classes started, I was at Orientation and I heard about TRIO Student Support Services (SSS); they mentioned they could help students in math and I was so relieved! They helped me get through all my math courses because of the SSS Math Lab they have for their SSS participants. Today, I am proud to say that I am an Alumni of TRIO SSS and am now an employee.

Destiny Farmer East Central University Upward Bound

The advantages of participating in a Trio Program would be that it tremendously helps you get prepared for college. I wouldn't be where I am today even as a concurrent college student if it wasn't for the Trio program. I have learned about how important FAFSA, college planning, and Financial Aid are for my educational future. There are also so many benefits that the Trio program has for kids wanting to go to college! We have some amazing advisors and we go on fun trips! All in all, Trio is the way to go!



District 4



Kady Tíbbs East Central University Upward Bound

Of my four years being in UB TRIO, the most beneficial opportunity has been academic advising from my amazing UB advisor Katie Hill. Over the years, she has encouraged me to achieve my educational goals. Another huge advantage is financial support. Without TRIO, I would not be able to participate in summer concurrent classes at East Central University. TRIO has helped with paying for college classes, books, and even workshops that have helped me raise my ACT scores. I am so grateful to have the opportunity to be a part of such an amazing program.

Míchíala Toms East Central University Upward Bound

Upward Bound has helped me excel academically by pushing me to do my best and taking their time with me. The summer program helped me get ahead in my math class, and I wasn't completely lost when the teacher was explaining the assignment because I already knew how to do it, or at least an easier way to do it. They helped me learn ASL, which could later help me in life if I ever need to use it because you never know what will happen. I know how to be more organized and take my time with my work instead of rushing and trying to get it done. I feel like I learned a lot more than I expected in Upward Bound, more than just academics, which is great. The tutoring has really helped me understand my work and be ahead of my other classmates, teaching them an easier way to do this or that.



District 4



Ríver Amaral East Central Uníversíty Upward Bound Math Scíence

TRIO has helped me in several ways, from meeting new people to getting scholarships. UBMS has really impacted my education, how I view college and the application process. This program ensures that I am prepared for post-secondary education and life after college.

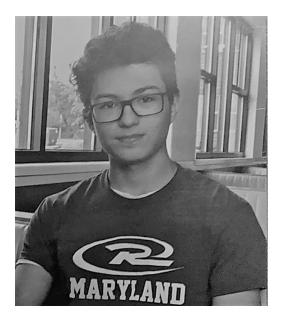
TRIO has also given me more confidence. Attending the workshops and summer program taught me so much about college, which makes me more confident when visiting universities. I am now able to even help my peers learn about college.

Overall, I have gained knowledge during these past two years in every way I could. The staff is amazing. They make me feel comfortable and like I can achieve anything. I can't imagine where I would be without this program.

Ríchard Tubbesing East Central University Upward Bound Math Science

The TRIO program, Upward Bound Math and Science, has helped me identify SMART goals for my personal and academic life that I have continuously worked on to be successful. My academics have benefited greatly since joining. UBMS has offered tutoring and a plethora of other services and materials to help me succeed. This has helped me greatly, especially with writing. Being able to interact with and learn from a more diverse group of people has also contributed to my academics: viewing things from a variety of perspectives has helped me gain a more accurate understanding.

UBMS is a great organization that helps students become more aware of their potential and the many possibilities available to them. They helped me gain a better understanding of college and how the process works. They also helped me gain experience in different subjects and even furthered my education through their internship program which helped me earn the money for concurrent classes and gain credit towards my college degree.



District 4



Mark Lee East Central University Veterans Upward Bound

I decided to return to academia after 34 years. I had no idea how things may have changed from when I attended college in 1984. I was auite pleasantly surprised at how easy my transition would be. The counselors and advisors I've had have been stellar, and with me every step of the way. Salute to David Hinman, my Vocational Rehabilitation Counselor, John Engel, my Veterans Upward Bound Program Coordinator, and Nancy Page over at the RSU Claremore campus Student Support Services. All of them have been invaluable resources for any auestions or issues I may have encountered. The most difficult barrier for me so far has been time management. I've had to learn how to balance home, work, and study time. It has been a bit of a challenge, however, so far everything is going very well. And one other barrier I encountered was upgrading my office equipment, which my counselors and advisors quickly addressed and resolved for me.

Danny Shadden East Central University Veterans Upward Bound

I honestly do not know what I would have done without the TRIO program, Veterans Upward Bound. The process of getting back into school was a daunting one, to say the least. I had no idea where to start, and almost did not start because of it. Then I got introduced to John Engel and the people of the Veterans Upward Bound. They are a stellar bunch of people who knew everything I needed to do. The advantages of participating in a TRIO program is that you are never alone with your education needs. They will help you with any issue that may come, even if it is not education related. They are with you every step of the way, from beginning to end.





Johnathan Summers East Central University Veterans Upward Bound

The advantages of working with a TRIO program like Veterans Upward Bound is that it is specially for those veterans returning from deployment and making a transition to a new phase in their life, which is extremely beneficial. One of the first stops I made when deciding to attend East Central University was the VUB office. They helped with questions and concerns and took a lot of stress out of the process. Over the years I have returned to the VUB office with many veteran questions, and they have always gone out of their way to connect me to trusted resources. I will always remember their impact, thank you VUB.

Marycruz Flores Reynoso Uníversíty of Oklahoma McNaír Scholars

The McNair Scholars program has been one of the most beneficial organizations I have been involved with during my time at OU. This TRIO program allowed me to conduct research on Latinx Literature and grow confidence in my abilities as a scholar. I am better prepared and equipped to pursue a graduate degree, thanks to McNair. Through McNair, I found a support system of students who are passionate about their fields and making a difference in academia in various manners. My cohort, director, and advisor have helped me navigate the intricacies of the higher education process as a first-generation student, and I could not be more grateful. I am thankful for TRIO programs because they advocate for underrepresented students and create communities of care.





Te'a Zhane' Williams University of Oklahoma McNair Scholars

The pursuit of a higher education has been an extremely taxing journey. My biggest obstacle has always been the lack of a familial support system. The absence of parents throughout the bulk of my life has created struggles that have made my undergraduate experience overwhelmingly challenging. Who was I to go to when I needed emotional, financial, and mental support or who was I to go to for celebrating my accomplishments? This was always very difficult for me to consider, yet my TRIO family became my village. The support, resources, and love I received from the McNair Scholars Program was unmatched. I truly felt appreciated, loved, and fulfilled.

As black women on campus, we already have institutional obstacles thrown our way, so it's crucial to have a village throughout the many barriers we face. Ultimately, the TRIO brought me a support system that I longed for.

Dawn Nelson Oklahoma State University-Oklahoma City Student Support Services

Attending college has been a challenge for me. I am a 1st generation college student who began college in the 5th decade of my life, plus I am under doctor's care for a traumatic brain injury. Without the assistance of the TRIO program, I would not be looking forward to my graduation in the spring. Knowing that I have resources in place through the TRIO program gives me peace of mind. For example, if I struggle with a specific class (and I have each semester), reaching out to the TRIO program provided the help I needed. When I struggled with understanding my college studies, the TRIO program provided a tutor that helped me understand the material well enough to do my assignments. Having the TRIO group in place for me each semester has been remarkable. The workshops provided by the TRIO program are loaded with such valuable information. This knowledge is credited with making my academic experience a much smoother transition. The TRIO instructors offer help in matters that all college students struggle with but sometimes are afraid to ask. The workshops provide a vast amount of knowledge on identifying a student's learning capacity, study habits, time management, financial resources, and much more. The TRIO aroup offers individual tutors if the workshops aren't enough, and I used several of them. When I struggled with Science, with the help of two TRIO tutors, I passed the class with an A. I utilized TRIO tutors to assist me with the skills necessary for writing essays. I managed to maintain a 4.0 GPA throughout my academic career. Maintaining those grades only occurred with the help of the TRIO tutors, who took the time to work with me until I understood the concepts of the assignments well enough to complete them independently.



District 5



Deborah Torres Oklahoma State University -Oklahoma City Student Support Services

I have benefited from TRIO services since I was a Junior in High School. Now as a Sophomore in college, I can say wholeheartedly that I am extremely grateful for TRIO. I have been able to excel academically through their guidance and valuable advice. When I found myself in moments of uncertainty in making the best academic decision, however big or small, I was never left alone in doubt. Rather, I had the support of TRIO to rely on and they have been able to advise me on the best steps to take for the long run, in strive for my dream of the future. I like to dream big, my aspirations include becoming an elected official one day and the TRIO services I have had the opportunity to benefit from have helped prepare to reach my dreams one day. That is something I will forever remember.

Sandra C de Lara Martínez Oklahoma State Uníversíty -Oklahoma Cíty Talent Search

Despite having trouble, I will be the first in my family to complete middle school, graduate high school, and go to higher education. Being the first in anything is a great achievement; however, the amount of barriers were insane. I had no knowledge of anything regarding colleges and I was getting lost in my future's path. That was until I was given the opportunity to join OSU-OKC Talent Search. By joining this TRIO program, multiple doors were opened for me. I was welcomed with open arms and I was told, it was never to early to start. I was encouraged and got involved in as many TRIO activities as possible where I had fun while learning. It was a tough journey, but I can now proudly say that I am the first generation in my family to complete middle school, graduate high school, and continue my education at OSU-OKC.



District 5



Orlando Rey Oklahoma State Uníversíty -Oklahoma Cíty Talent Search

The advantages that come with being in TRIO go far beyond just getting to know new people or being in a program that takes you to visit colleges. In trio I was able to see what different colleges have to offer. It showed me that college isn't just made for those who can afford it but for those who are whiling to put in the hard work. TRIO has giving the foundation and reassurance of having a support structure in college. Being in TRIO helped me build my confidence as I attended many of their summer leadership programs. TRIO gives me everything I need to be successful.

Chantal Eudave Oklahoma State University -Oklahoma City Upward Bound

Upward Bound has had a huge impact in my life. This program helped me grow as a person and a leader. Through Upward Bound, I get to create endless memories with great people who have the same goals as I do. Having the privilege to be a part of this program has shown me anything is possible as a first-generation student. Without Upward Bound, I wouldn't have known how to fill out my Oklahoma Promise or apply for FAFSA. Not only have I met amazing people who have helped me every step of the way, I have also learned the importance of staying on track with my grades and always doing my best. The way I interact with other students has also improved thanks to Upward Bound. Without it, I would be lost in high school with no plan for college.



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TRIO has changed my life. Since I was a child, I have always wanted to succeed. I wanted to be different. I wanted to get out of the economic situation everyone around me was in. I have always been determined to "make it." However, that does not mean I've always known the way. TRIO paved that way for me. It gave me a path, a base to build on. TRIO has given me so many opportunities to continue my education. I never imagined I would learn or experience what I have, whether it be college tours or volunteering. I will be forever grateful for the opportunity to be a part of a program in which I can fall back on. I have learned it is okay to not have life figured out immediately. No matter what happens, it is not the end of the world. I learned to be flexible and manage with whatever is thrown my way.

Alfonso Castanon Oklahoma State University -Oklahoma City Upward Bound

TRIO has been a part of my life since the third grade. My brother started Upward Bound in 2012, and I would attend his banquets and meetings. Even as a kid, I saw the positive atmosphere of Upward Bound and fell in love with the program. Once I had the opportunity to join, I took it. From the moment I was accepted to Upward Bound, it has been unbelievably helpful, both academically and in life in general. My main motivators are my mom and Upward Bound. My mom has always been there for me and has never stopped working to let me succeed in life. Everything I do is for her and I strive to make her proud. Without Upward Bound, I wouldn't even think about going to college. It has helped me tremendously and I will forever be grateful for what it have done in my life.



Níerouz Alrashdan Uníversíty of Central Oklahoma McNaír Scholars



Managing schoolwork while being a young mother to a toddler has made it difficult to stay focused and motivated in my academics. Even though I have doubted myself numerous times being in the TRIO program, I learned that time management and support is key. The TRIO program has not only given me resources to complete my research, but have given me endless networking opportunities, mentorship, guidance, and most importantly, being part of a family. I will forever be grateful for the connections I have made from this program, as I still learn and grow from them to this day. The mentors from the TRIO program have reminded me of my potential every time I felt like giving up. It is why I keep pushing and striving forward, in hopes of reaching my goals and dreams.

Lexí A Rodríguez Uníversíty of Central Oklahoma McNaír Scholars

I have run into many barriers when it comes to obtaining my education. I am currently working towards an undergraduate degree after taking a several years off. The biggest barriers I faced were not knowing what I wanted to do with my education and the cost of school. Being a part of a TRIO program has given me a support system and knowledge on how to navigate school, whether it be help with enrollment. scholarships, or anything else I might need. I feel that if I were enrolled in a TRIO program when I was in colleae the first time around, that I would have stayed and finished the first time. TRIO has helped me understand what direction I want to take with my education and is helping me take concrete steps to complete my undergrad as well as helping me work towards a *masters degree.*



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Paola Lopez University of Central Oklahoma Talent Search

I have been a member of the UCO Talent Search program for about three years now. I could talk about the advantages of the program but the truth is the advantage can vary from person to person. So instead I will talk about the ways Talent Search benefited me. Through the program I gained a family, and an incredible support system! My advisors gave me the confidence to believe in myself and chase my dreams in college. Talent Search gives you a sense of college life through tours and hands on knowledge. I am forever going to be grateful for the opportunities UCO Talent Search gave to me. I plan to attend the University of Central Oklahoma as a incoming freshman Fall of 2022.

Alícía Howarð Uníversíty of Central Oklahoma Talent Search

I most definitely recommend joining Trio Talent Search! I *joined UCO Talent Search Central Connect program in the 6th* arade. An advantage of being in Talent Search is that I was taught the basics about college preparation and how I could get started in high school. Currently as a 9th grader, I noticed most students do not know the importance of high school academics and how much it reflects on their future education plans or preferred career field. Another advantage is that we tour college campuses and other career opportunities. This has helped me understand new professions I may be interested in, plus it gets me out of my comfort zones. Although I am an introvert, when it comes attending Talent Search workshops, I've grown to practice teamwork and respecting others. Talent Search has also helped me with my communication skills. I am very thankful to be a part of UCO Talent Search program. Our crew is so energetic and accepting. If you are ever questioning your future, as far as, education and careers consider joining Trio Talent Search!



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Makele Lyons University of Central Oklahoma Talent Search

The advantage of being a part of UCO Talent Search Central Connect Program is the variety of opportunities available to us. From the things we learn, to us applying it to better our lives. With our Talent Search advisors help, we now have better judgment when it comes to preparing for college. We learn about college opportunities, daily life skills, how to work together, and that sometimes it's okay to be competitive. I feel that we have a great advantage as we fully prepare for our future. UCO Talent Search Program is what I needed in my life. This program has helped me grow as I aspire to become a role model for those in need of the same help like me. There are many great opportunities that comes with being a part of Talent Search. One thing I love most is that this program is for everyone. No one is left out or left behind, this is the advantage of being a member of the Talent Search Program.

Bríanna Banks University of Central Oklahoma Upward Bound Math Science

I've been in UCO's UBMS program since I was in 10th grade, and now I'm a senior. Being a part of the program as a high school student is really helpful and beneficial. Learning things that aren't taught in school is really the best thing to learn at an early age. TRIO is preparing students like me to stay focused, manage money, manage time, test ready, college-ready, and have community/ teamwork skills. Students like me get the opportunity to earn community service hours. The zoom meetings and field trips are like rewards and motivation to keep working hard during the school year. We get to show our creative side in a fun way, like participating in science projects. The summer program is amazing, and the experience is so fun. Every day of the weekday, you are served a hot meal from a restaurant and your ability to connect with the other TRIO students and participate in many activities. Taking classes while staying on campus for a few weeks gives students a view of what college looks like. Thank you, UCO UMBS, for all that you do!



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Illyría Murdock Uníversíty of Central Oklahoma Upward Bound Math Scíence

There are many advantages to participating in the TRIO Program. An important one is the help you receive in this program with your academics and plans for college. Before joining this program, I had no idea what I wanted to do in college or how I would pay for it. Being in TRIO allowed me to find a plan that works for me and gave me opportunities to learn more about the college process. The main advantage is the relationships you build during your time. I've met many wonderful people through this program that I can't imagine not being in my life today. Many of which help me become the person I am now.

Azarí Gurley Uníversíty of Central Oklahoma Upward Bound Math Scíence

Being a first-generation student, I found it challenging to navigate my way through the college application process. My grandparents aren't familiar with scholarships, college essays, FAFSA, and many more aspects. It has been a solo effort which has been very challenging while still trying to balance school and a job.

With the introduction of UCO's TRIO Program, my obstacles met their match. The program provided another outlet of support when it came to post-secondary education. The staff guided and helped me with various aspects that come with college applications and life after high school. For that, I am entirely grateful for the program. Now I am more than ready to continue my education, becoming the best person I can ever be. Conclusively, as a Rice Owl, I will take their teaching and experiences and apply it to my future endeavors.





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